

Medical Update for Evelyn Royahn DOB: 06/05/1926

Date Order Created: 04/01/2026

Order ID: 1150/17565

Agency Assigned Id: 21723

Certification Period: 03/29/2026 to 05/27/2026

HomeCentris Healthcare LLC 217058
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Orders:

03/31/2026 Problems : GG0130H1 - Don/Doff Footwear

#1 - Other - Other - Right breast Nipple - Writer notified medical care provider of the new wound to the right breast nipple. Awaiting doctor's order.

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

GG0130A1 - Eating

GG0130C1 - Toileting Hygiene

GG0130E1 - Shower/Bathe Self

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

difficulty sleeping

balance deficit

limited endurance

muscle weakness

abnormal BS < 70/140 > mg/dL

03/31/2026 parameters for physician notification: temperature < 95 > 100.5, heart rate < 50 > 110, respiratory rate < 8 > 22, blood pressure systolic < 90 > 169, blood pressure diastolic < 60 > 90, O2 saturation < 88 > 100, pain < 0 > 5

03/18/2026 patient_goal: Patient states she wants to be able to walk again to her kitchen so she can cook again, Target Date: 05/27/2026, To walk again, Target Date: 05/27/2026, Walk better, Target Date: 05/27/2026,

03/18/2026 procedure: Medication Review, Notes: The medication was reviewed with the patient , equipment training, Notes: , work simplification/energy conservation, Notes: , Medication Review , Notes: Medication reviewed with patient's caregiver with all medications in the home , transfers training, Notes: , assist with bathing, Notes: , assist with toilet transferring, Notes: , assist with lower body dressing, Notes: , assist with upper body dressing, Notes: , physician-ordered wound care, Notes: 2/27/2026: New wound care doctor's telephone order: SN/family/caregiver cleanse wound to right breast with wound cleanser, pat dry, apply Mupirocin 2% antibiotic cream to site twice a day, until site healed. , wheelchair training, Notes: , transfers training, Notes: , home exercise program, Notes: , incentive spirometer, Notes: , wound vacuum, Notes: , physician-ordered wound care: #1 - Other - Other - Right breast Nipple - Writer notified medical care provider of the new wound to the right breast nipple. Awaiting doctor's order., Notes: ,

03/18/2026 teach: lifestyle modifications to manage cardiac condition including symptom management, diet changes, regular exercise, getting enough sleep, Target Date: 05/27/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/27/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best

to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/27/2026, how to optimize mental status with cognition therapy, home safety, optimize mobility with active and passive range of motion therapeutic exercises, diet and fluids to optimize peripheral circulation, Target Date: 05/27/2026, management of mental health condition including joining a peer group, maintaining regular contact with mental health professional, avoiding known stressors; controlling impulses, Target Date: 05/27/2026, prevention exacerbation of anxiety condition including coping patterns, improved concentration, strategies to reduce anxiety, identification of anxiety precipitants, conflicts, and threats, Target Date: 05/27/2026, how to keep home safe for patient with dementia, coping strategies for the caregiver, Target Date: 05/27/2026, depression-prevention strategies including avoidance of isolation, healthy eating and sleeping habits, identification of activities that bring pleasure, preventive care, Target Date: 05/27/2026, bowel incontinence management including dietary changes, bowel training, skin care, Target Date: 05/27/2026, strategies to minimize fatigue and exhaustion including work simplification, energy conservation, lifestyle changes and diet, Target Date: 05/27/2026, pain control, therapeutic exercises to optimize range of motion of affected area, diet and fluids to promote healing, Target Date: 05/27/2026, how to keep home safe for hearing-impaired including installing special fire-detector/CO2 alarms, Target Date: 05/27/2026, how to keep journal of food and fluid intake, healthy meal plan tips, exercise program and nutritional knowledge, Target Date: 05/27/2026, how to keep home safe for patient with vision loss including eliminating hazards, enhancing lighting and using mechanical aids, Target Date: 05/27/2026, related medication(s) purpose and schedule, Target Date: 05/27/2026, symptoms requiring physician notification, Target Date: 05/27/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/27/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/27/2026, therapeutic exercises, Target Date: 05/27/2026, therapeutic modalities, Target Date: 05/27/2026, wheelchair training, Target Date: 05/27/2026, balance training, Target Date: 05/27/2026, equipment training, Target Date: 05/27/2026, gait training, Target Date: 05/27/2026, transfer training, Target Date: 05/27/2026, related medication(s) purpose and schedule, Target Date: 05/27/2026, symptoms requiring physician notification, Target Date: 05/27/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/27/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/27/2026, therapeutic exercises, Target Date: 05/27/2026, therapeutic modalities, Target Date: 05/27/2026, equipment training, Target Date: 05/27/2026, work simplification/energy conservation, Target Date: 05/27/2026, related medication(s) purpose and schedule, Target Date: 05/27/2026, symptoms requiring physician notification, Target Date: 05/27/2026, how to achieve wound healing including cleaning and dressing wound, position changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound measurements, Target Date: 05/27/2026,

03/18/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * prevention exacerbation of anxiety condition including coping patterns
- * improved concentration
- * strategies to reduce anxiety
- * identification of anxiety precipitants, conflicts, and threats
- * recalls related m, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * how to keep home safe for patient with dementia
- * coping strategies for the caregiver
- * recalls related medication(s) purpose, schedule, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care

- * recalls related medication(s) purpose, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * bowel incontinence management including dietary changes
- * bowel training
- * skin care
- * recalls related medication(s) purpose, schedule, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * strategies to minimize fatigue and exhaustion including work simplification
- * energy conservation
- * lifestyle changes
- * diet
- * recalls related medication(s) purpose, schedule, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * how to keep home safe for hearing-impaired including installing special fire-detector/CO2 alarms
- * recalls related medication(s) purpose, schedule, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * how to keep home safe for patient with vision loss including eliminating hazards
- * enhancing lighting
- * using mechanical aids, Target Date: 05/27/2026: DISCONTINUED, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 05/27/2026: DISCONTINUED, caregiver administers and/or packages medications appropriately, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication, Target Date: 05/27/2026: DISCONTINUED, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation, Target Date: 05/27/2026: DISCONTINUED, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 05/27/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 05/27/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 05/27/2026, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 05/27/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 05/27/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 05/27/2026, Eating - 06. Independent, Target Date: 05/27/2026: DISCONTINUED, Sit to Stand - 06. Independent, Target Date: 05/27/2026, Chair to Bed to Chair - 06. Independent, Target Date: 05/27/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 05/27/2026, Wheel 50 ft w 2 Turns - 06. Independent, Target Date: 05/27/2026, patient/caregiver recalls
- * how to achieve wound healing including cleaning and dressing wound
- * position changes
- * skin care
- * diet modification
- * record wound measurements
- * recalls related medication(s) purpose, schedule, Target Date: 05/27/2026,

03/18/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/27/2026, family/caregiver will be responsible for managing treatment, Target Date: 05/27/2026, family/caregiver will be responsible for managing treatment, Target Date: 05/27/2026,

patient/caregiver recalls

- * management of mental health condition including joining a peer group
- * maintaining regular contact with mental health professional
- * avoiding known stressors
- * controlling impulses
- * recalls related medication(s), Target Date: 05/27/2026 (unable to achieve)

patient is adequately supervised, Target Date: 05/27/2026 (unable to achieve)
caregiver performs medical/rehabilitation treatments with adequate competence, Target Date:
05/27/2026 (unable to achieve)
Car Transfer - 06. Independent, Target Date: 05/27/2026 (unable to achieve)
Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)
Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)
1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)
4 Steps - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)
12 Steps - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)
Picking Up Object - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)
Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 05/27/2026 (unable to achieve)

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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 04/01/2026