

Medical Update for Manuel Gastelo DOB: 05/23/1975

Date Order Created: 03/26/2026

Order ID: 1184/473

Agency Assigned Id: 1415

Certification Period: 03/05/2026 to 05/03/2026

Devotion Home Health Care, LLC 037804
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Orders:

Authorization changes of PT skill Total Visits: 32 and Visit Freq: CUSTOM

Authorization changes of SN skill Total Visits: 28 and Visit Freq: CUSTOM

03/21/2026 Problems : GG0170K1 - Walk 150 Feet

dependent edema

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

GG0170S1 - Wheel 150 feet

GG0170R1 - Wheel 50 ft w 2 Turns

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0130B1 - Oral Hygiene

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

03/21/2026 patient_goal: The patient will improve strength in order to be able to stand and perform transfers with the assistance of his family as well as to take a steps sufficient to cross the room with appropriate assistive device., Target Date: 05/03/2026,

03/24/2026 procedure: wheelchair training, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

03/21/2026 teach: therapeutic exercises, Target Date: 05/03/2026, therapeutic modalities, Target Date: 05/03/2026, wheelchair training, Target Date: 05/03/2026, balance training, Target Date: 05/03/2026, equipment training, Target Date: 05/03/2026, gait training, Target Date: 05/03/2026, work simplification/energy conservation, Target Date: 05/03/2026, transfer training, Target Date: 05/03/2026, how to manage complications of immobility including skin care, strength, balance, dexterity and range-of-motion therapeutic exercises, promotion of peripheral circulation, fluid and diet intake to promote healing and prevent constipation, use of prescribe, Target Date: 05/03/2026,

03/21/2026 goal: exercises & training are successfully recalled/demonstrated , Target Date:

05/03/2026, patient/caregiver recalls

* how to optimize range of motion with active and passive therapeutic exercises

* manage pain/discomfort

* fluid and diet intake to promote healing

* prevent constipation

* recalls related medication(s) purpose, schedule, Target Date: 05/03/2026, The pt will be able to perform sit to stand from bed with assistance of family SBA, Target Date: 05/03/2026, Gait, Target Date: 05/03/2026, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxation skills and diversional activities

* recalls related medication(s) purpose, schedule, Target Date: 05/03/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 05/03/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 05/03/2026, Toilet Transfer - 01. Dependent, Target Date: 05/03/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 05/03/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 05/03/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 05/03/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 05/03/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 05/03/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 05/03/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 05/03/2026, Wheel 50 ft w 2 Turns - 06. Independent, Target Date: 05/03/2026, Wheel 150 feet - 06. Independent, Target Date: 05/03/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 05/03/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 05/03/2026, Oral Hygiene - 03. Partial/moderate assistance, Target Date: 05/03/2026, Toileting Hygiene - 01. Dependent, Target Date: 05/03/2026, Shower/Bathe Self - 03. Partial/moderate assistance, Target Date: 05/03/2026, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 05/03/2026, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 05/03/2026, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 05/03/2026,

03/21/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/03/2026,

03/24/2026 Medications: Asa 81 Mg - Aspirin 81 mg tablets by mouth once a day for blood thinning

Atorvastatin - Atorvastatin Calcium 0 40 Milligram by mouth once a day evening

Budesonide - Budesonide 0 0 80 mcg-4.5 mcg/ inh inhalation aerosol inhalant twice a day 2 puff(s) Inhale

Twice a day

Calcitriol - Calcitriol 0.25mcg 0.25mcg 0 0.25 Microgram by mouth once a day Once every day

Carvedilol - Carvedilol 25 mg 25 mg 1 tablet by mouth twice a day

Clonidine - Clonidine 0.2mg tablets by mouth three times a day

Humalog - Insulin Lispro Recombinant 7 units subcutaneous three times a day 7 units subcutaneously TID for diabetes

Famotidine - Famotidine 20 mg 20 mg 20 Milligram by mouth twice a day

Duloxetine Hydrochloride - Duloxetine Hydrochloride 60 mg 1 tablet by mouth once a day

Jardiance - Empagliflozin 25 mg tab by mouth once a day for diabetes

Gabapentin - Gabapentin 600 mg 600 mg 0 600 Milligram by mouth twice a day

Bumetanide - Bumetanide 2 mg 2 mg 2 mg 2 mg by mouth twice a day 1 tab(s) Oral

Amlodipine - Amlodipine Besylate 0 0 10 mg by mouth once a day 10 Milligram

Veltassa - Patiomer Sorbitex Calcium 8.4gm/pkt by mouth once a day for elevated potassium sodium zirconium cyclosilicate (Lokelma) 5 gm packet by mouth once a day to treat hyperkalemia glucose tab 4 mg by mouth as necessary prn for low blood sugar (blood sugar 70 or below)

PAUL BLOOMQUIST

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by DELGADO, MELISSA Date 03/26/2026