

Medical Update for Elizabeth Okang DOB: 08/31/1963

Date Order Created: 03/23/2026

Order ID: 1150/17188

Agency Assigned Id: 20148

Certification Period: 03/06/2026 to 05/04/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

03/16/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , wound vacuum, Notes: , physician-ordered wound care, Notes: Assess the patient's incision on post op day 7 and the nurse or physical therapist will remove aquacel dressing leaving OTA; if incision is draining educate pt/pcg on cleaning with normal saline and covering with dry gauze daily and as needed.,

03/16/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/04/2026: DISCONTINUED, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care
- * recalls related medication(s) purpose, schedule, Target Date: 05/04/2026: DISCONTINUED, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 05/04/2026: DISCONTINUED,

Patrick Narcisse
2391 Greenspring Dr

2391 Greenspring Dr, MD 21093
Tele:410-847-3000 FAX:

Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 03/23/2026