

Medical Update for Debra Lathe DOB: 11/05/1958

Date Order Created: 03/20/2026

Order ID: 1150/17169

Agency Assigned Id: 1449

Certification Period: 03/06/2026 to 05/04/2026

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Orders:

03/19/2026 Problems : GG0170J1 - Walk 50 ft with 2 Turns

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

03/19/2026 patient_goal: Sweeping the backyard, Target Date: 05/04/2026,

03/19/2026 procedure: cough/deep breathing exercises, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , Medication Review , Notes: Medication reviewed with patient with modifications made s/p MD visit yesterday , therapeutic exercises, Notes: , transfers training, Notes: , assist with bathing, Notes: , assist with fall prevention, Notes: , assist with lower body dressing, Notes: ,

03/19/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 05/04/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 05/04/2026, therapeutic exercises, Target Date: 05/04/2026, therapeutic modalities, Target Date: 05/04/2026, equipment training, Target Date: 05/04/2026, work simplification/energy conservation, Target Date: 05/04/2026, related medication(s) purpose and schedule, Target Date: 05/04/2026, symptoms requiring physician notification, Target Date: 05/04/2026,

03/19/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath

* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 05/04/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 05/04/2026, Oral Hygiene - 06. Independent, Target Date: 05/04/2026, Toileting Hygiene - 06. Independent, Target Date: 05/04/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 05/04/2026, Lower Body Dressing - 06. Independent, Target Date: 05/04/2026, Don/Doff Footwear - 06. Independent, Target Date: 05/04/2026, Eating - 06. Independent, Target Date: 05/04/2026, Upper Body Dressing - 06. Independent, Target Date: 05/04/2026,

03/19/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 05/04/2026,

03/20/2026 Medications: Topamax - Topiramate 25 mg 1 tablet by mouth once a day Week 1 one tablet by mouth in the evening, week 2 two tablets in the evening, week 3 one tablet in the morning and 2 tablets at night.

Folic Acid - Folic Acid 1 mg 1 by mouth once a day Supplements

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Potassium Chloride - Potassium Chloride 10meq 1 by mouth once a day For hypokalemia

Potassium Chloride - Potassium Chloride 10meq 10meq by mouth once a day Tremors

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/20/2026