

Medical Update for Gwendolyn Hudson DOB: 12/26/1943

Date Order Created: 03/18/2026

Order ID: 1150/17091

Agency Assigned Id: 23425

Certification Period: 03/12/2026 to 05/10/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

03/18/2026 procedure: incentive spirometer, Notes: , bladder training, Notes: ,
teach/coordinate/arrange medication packaging and/or administration, Notes: , coordinate/arrange for
adequate patient supervision, Notes: ,

03/18/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/10/2026, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care
- * recalls related medication(s) purpose, schedule, Target Date: 05/10/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 05/10/2026,

Anthony Harrell
2112 Dundalk Ave

2112 Dundalk Ave, MD 21222
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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 03/19/2026