

Medical Update for Elizabeth Okang DOB: 08/31/1963

Date Order Created: 03/13/2026

Order ID: 1150/16967

Agency Assigned Id: 20148

Certification Period: 03/06/2026 to 05/04/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

03/13/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
physician-ordered wound care, Notes: , wound vacuum, Notes: , home exercise program, Notes: ,

03/13/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 05/04/2026, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care
- * recalls related medication(s) purpose, schedule, Target Date: 05/04/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 05/04/2026,

Patrick Narcisse
2391 Greenspring Dr

2391 Greenspring Dr, MD 21093
Tele:410-847-3000 FAX:

Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 03/17/2026