

Medical Update for Tu Tran DOB: 03/21/1971

Date Order Created: 03/13/2026

Order ID: 1150/16944

Agency Assigned Id: 23053

Certification Period: 02/27/2026 to 04/27/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
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Orders:

03/12/2026 Problems : #1 - Observable Surgical Wound - Other - BACK - STAPLES OPEN TO AIR

03/05/2026 procedure: gait training/stair training, Notes: , transfers training, Notes: , cough/deep breathing exercises, Notes: , coordinate/arrange for adequate patient supervision, Notes: , coordinate/arrange for maintenance of clean/uncluttered living area, Notes: ,

03/05/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 04/27/2026, Sit to Stand - 06.

- Independent, Target Date: 04/27/2026, Chair to Bed to Chair - 06. Independent, Target Date:

- 04/27/2026, Toilet Transfer - 06. Independent, Target Date: 04/27/2026, Car Transfer - 06.

- Independent, Target Date: 04/27/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target

- Date: 04/27/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance,

- Target Date: 04/27/2026: DISCONTINUED, Walk 150 Feet - 04. Supervision or touching assistance,

- Target Date: 04/27/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date:

- 04/27/2026: DISCONTINUED, 4 Steps - 04. Supervision or touching assistance, Target Date:

- 04/27/2026: DISCONTINUED, 12 Steps - 04. Supervision or touching assistance, Target Date:

- 04/27/2026: DISCONTINUED, Picking Up Object - 04. Supervision or touching assistance, Target

- Date: 04/27/2026: DISCONTINUED, Walk 10 ft on Uneven Surface - 04. Supervision or touching

- assistance, Target Date: 04/27/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 04/27/2026, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 04/27/2026,

03/12/2026 Medications: Compazine - Prochlorperazine Maleate eq 10 mg base by mouth four times a day Or as required

Potassium chloride er extended release 10 meg by mouth once a day

Christelle Nong Libend
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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/13/2026