

Medical Update for Bernadine Pinkney DOB: 12/15/1950

Date Order Created: 03/13/2026

Order ID: 1150/16930

Agency Assigned Id: 22750

Certification Period: 02/25/2026 to 04/25/2026

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Orders:

03/08/2026 Problems : Pain Effect on Sleep
Pain Interference with Therapy activities
Pain Interference with ADLs
M1400 - Dyspnea
GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating

03/08/2026 patient_goal: To get out of bed, Target Date: 04/25/2026, add patient-stated goal, Target Date: 04/25/2026,

03/05/2026 procedure: incentive spirometer, Notes: , train caregiver(s) to perform medical/rehabilitation treatments, Notes: , monitor intake & output, Notes: , teach/coordinate/arrange medication packaging and/or administration, Notes: , cough/deep breathing exercises, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , assist with transferring, Notes: Max A, assist with bathing, Notes: In bed, assist with toilet transferring, Notes: , assist with toileting hygiene, Notes: , assist with mobility, Notes: , assist with feeding/eating, Notes: , assist with infection control, Notes: , assist with fall prevention, Notes: , assist with assistive devices prn, Notes: , assist with lower body dressing, Notes: , assist with upper body dressing, Notes: ,

03/08/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 04/25/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 04/25/2026, therapeutic exercises, Target Date: 04/25/2026, therapeutic modalities, Target Date: 04/25/2026, equipment training, Target Date: 04/25/2026, work simplification/energy conservation, Target Date: 04/25/2026, related medication(s) purpose and schedule, Target Date: 04/25/2026, symptoms requiring physician notification, Target Date: 04/25/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 04/25/2026, related medication(s) purpose and schedule, Target Date: 04/25/2026, symptoms requiring physician notification, Target Date: 04/25/2026,

03/05/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 04/25/2026: DISCONTINUED, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 04/25/2026, Shower/Bathe Self - 02. Substantial/maximal assistance, Target Date: 04/25/2026, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 04/25/2026: DISCONTINUED, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 04/25/2026: DISCONTINUED, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 04/25/2026: DISCONTINUED, Eating - 06. Independent, Target Date: 04/25/2026,

03/08/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 04/25/2026, add discharge plan, Target Date: 04/25/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/13/2026