

Medical Update for Vincent Nwanna DOB: 05/11/1949

Date Order Created: 03/13/2026

Order ID: 1150/16928

Agency Assigned Id: 22012

Certification Period: 02/13/2026 to 04/13/2026

HomeCentris Healthcare LLC 217058
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Orders:

03/09/2026 Problems : Pain Interference with ADLs
M1400 - Dyspnea

03/09/2026 patient_goal: Patient want to be able to put pants and socks on better, Target Date: 04/13/2026,

03/09/2026 procedure: cough/deep breathing exercises, Notes: , Patient/caregiver recalls related purpose and schedule of medications, Notes: Medication review , ADLS , Notes: , therapeutic exercises, Notes: , transfers training, Notes: ,

03/09/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 04/13/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 04/13/2026, related medication(s) purpose and schedule, Target Date: 04/13/2026, symptoms requiring physician notification, Target Date: 04/13/2026,

03/09/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 04/13/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 04/13/2026, Patient will demonstrate improved bilateral upper extremity muscle strength from 4/5 mmt to 5/5 mmt to improve ADLs and transfers within 6 wks , Target Date: 04/13/2026,

03/09/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 04/13/2026,

03/11/2026 Medications: Thyroid - Levothyroxine Sodium 75 mg by mouth in the morning Take by mouth every morning 30 mins before a meal
Oxycodone - Ibuprofen: Oxycodone Hydrochloride 5 mg by mouth every 6 hours Take 1 tablet for pain every 6 hrs as needed
Benzonatate - Benzonatate 100 mg by mouth every 8 hours Take 2 capsules every 8 hrs as needed for cough
Albuterol Inhaler - Albuterol 90 mcg inhalant every 4 hours Inhale 1 puff by mouth every 4 hrs as needed for SOB

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/13/2026