

Medical Update for Vondirea Holley DOB: 04/23/1961

Date Order Created: 03/13/2026

Order ID: 1150/16912

Agency Assigned Id: 22593

Certification Period: 02/25/2026 to 04/25/2026

HomeCentris Healthcare LLC 217058
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Orders:

03/11/2026 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
Pain Effect on Sleep
Pain Interference with Therapy activities
Pain Interference with ADLs
M1400 - Dyspnea

03/11/2026 patient_goal: Walk better, Target Date: 04/25/2026, add patient-stated goal, Target Date: 04/25/2026,

03/05/2026 procedure: cough/deep breathing exercises, Notes: , equipment training, Notes: , gait training/stair training, Notes: , transfers training, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , transfers training, Notes: , assist with bathing, Notes: , assist with lower body dressing, Notes: , assist with upper body dressing, Notes: , assist with transferring, Notes: , assist with upper body dressing, Notes: , assist with toilet transferring, Notes: Fall risk, requires verbal cues to maintain safety., assist with O2 safety, Notes: Please ensure weights are checked daily, assist with lower body dressing, Notes: Min A, assist with bathing, Notes: Fall risk, requires verbal cues to maintain safety,

03/11/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 04/25/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 04/25/2026, therapeutic exercises, Target Date: 04/25/2026, therapeutic modalities, Target Date: 04/25/2026, equipment training, Target Date: 04/25/2026, work simplification/energy conservation, Target Date: 04/25/2026, related medication(s) purpose and schedule, Target Date: 04/25/2026, symptoms requiring physician notification, Target Date: 04/25/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 04/25/2026, related medication(s) purpose and schedule, Target Date: 04/25/2026, symptoms requiring physician notification, Target Date: 04/25/2026,

03/05/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, Sit to Stand - 06. Independent, Target Date: 04/25/2026: DISCONTINUED, Chair to Bed to Chair - 06. Independent, Target Date: 04/25/2026: DISCONTINUED, Toilet Transfer - 06. Independent, Target Date:

04/25/2026, Car Transfer - 06. Independent, Target Date: 04/25/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 04/25/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 04/25/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 04/25/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 04/25/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 04/25/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 04/25/2026, Oral Hygiene - 06. Independent, Target Date: 04/25/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 04/25/2026: DISCONTINUED, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 04/25/2026, Lower Body Dressing - 06. Independent, Target Date: 04/25/2026, Don/Doff Footwear - 06. Independent, Target Date: 04/25/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 04/25/2026: DISCONTINUED, patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 04/25/2026, Oral Hygiene - 06. Independent, Target Date: 04/25/2026, Toileting Hygiene - 06. Independent, Target Date: 04/25/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 04/25/2026, Lower Body Dressing - 06. Independent, Target Date: 04/25/2026, Don/Doff Footwear - 06. Independent, Target Date: 04/25/2026, Eating - 06. Independent, Target Date: 04/25/2026, Upper Body Dressing - 06. Independent, Target Date: 04/25/2026,

03/11/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 04/25/2026, add discharge plan, Target Date: 04/25/2026,

03/13/2026 Medications: Tramadol - Tramadol Hydrochloride 0 50 mg / 2 tablet by mouth as necessary every 12 hours as needed.
Commonly known as: ULTRAM

Laura Emmanuel-Allen
7141 Security Blvd

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Tele: FAX:

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/13/2026