

Medical Update for Doretha Burch DOB: 08/15/1936

Date Order Created: 01/23/2026

Order ID: 1150/15526

Agency Assigned Id: 10210

Certification Period: 12/26/2025 to 02/23/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

01/19/2026 Problems : Chronic kidney disease, stage 2 (mild) (N18.2)
Anemia in chronic kidney disease (D63.1)
Age-related osteoporosis w/o current pathological fracture (M81.0)
Hyperlipidemia, unspecified (E78.5)
Collapsed vertebra, NEC, site unsp, subs for fx w routn heal (M48.50XD)

01/19/2026 procedure: cough/deep breathing exercises, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

01/19/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation, Target Date: 02/23/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 02/23/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 02/23/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 02/23/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 02/23/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 02/23/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 02/23/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 02/23/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 02/23/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 02/23/2026, Car Transfer - 06. Independent, Target Date: 02/23/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 02/23/2026: DISCONTINUED,

01/19/2026 Medications: Tylenol - Acetaminophen 0500 mg, Take 1 or 2 tablet (500 mg total) by mouth as necessary Every 8 hours for Pain to back
Imuran - Azathioprine 100 MG Tablet 1 tablet by mouth once a day Liver
Cosopt - Dorzolamide Hydrochloride: Timolol Maleate 22.3-6.8 mg/ML both eyes once a day
Ergocalciferol - Ergocalciferol 50,000 International Units 1 capsule by mouth once a week Supplement
Lasix - Furosemide 40 mg 1 tablet by mouth every other day Edema
Xalatan - Latanoprost 00.005 % ophthalmic solution drops once a day In both eyes
Cozaar - Losartan Potassium 0100mg, take 1/2 tablet (50 mg) by mouth once a day
Menthol-zinc oxide 0.44-20.6% ointment topical as necessary On rash on buttocks
Metoprolol - Hydrochlorothiazide: Metoprolol Succinate 25 mg , take 1 tablet by mouth once a day
Blood pressure
Spironolactone - Spironolactone 50 mg 1 tablet by mouth once a day Blood pressure
Oxygen - Oxygen 2 L/min nasal cannula continuous For breathing

Nnemdi Baird Cross
10085 Red Run Blvd

10085 Red Run Blvd, MD 21117
Tele:4105817804 FAX: 14103566507

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/11/2026