

Medical Update for Mark Sokalski DOB: 12/26/1958

Date Order Created: 03/09/2026

Order ID: 1150/16815

Agency Assigned Id: 4362

Certification Period: 02/15/2026 to 04/15/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

03/06/2026 Problems : GG0170G1 - Car Transfer

GG0130A1 - Eating

GG0170S1 - Wheel 150 feet

GG0170R1 - Wheel 50 ft w 2 Turns

GG0170P1 - Picking Up Object

GG0170I1 - Walk 10 Feet

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

Pain Effect on Sleep

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

M1400 - Dyspnea

Pain Interference with ADLs

03/06/2026 procedure: assist with toileting hygiene, Notes: , assist with mobility, Notes: , assist with feeding/eating, Notes: , assist with infection control, Notes: , assist with fall prevention, Notes: , assist with assistive devices prn, Notes: , assist with upper body dressing, Notes: , assist with toilet transferring, Notes: Pt is not knee on HHA services, and Pt can be weight bearing after his dr's apponimtment. During OT eval Pt was non weight bearing.,

03/06/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 04/15/2026,

03/09/2026 Medications: Norvasc - Amlodipine Besylate eq 5 mg base 0 10mg tablet , take 1 tablet by mouth once a day Hypertension

Lipitor - Atorvastatin Calcium eq 40 mg base 0 40mg tablet , take 1 tablet by mouth at bedtime

Basaglar - Insulin Glargine 20u subcutaneous at bedtime Type II diabetes

Flomax - Tamsulosin Hydrochloride 0.4 mg 0.4 mg 0.4mg by mouth at bedtime Urinary retention

Lactobacillus - Lactinex 1 Million Cell Tab by mouth twice a day Gut health

Levofloxacin - Levofloxacin: Sodium Chloride 500 mg 1 Tablet (500mg) by mouth once a day Take every 24 hours at the same time of day for the best results.

x7 days.

Polyethylene Glycol - Polyethylene Glycol 3350: Potassium Chloride: Sodium Bicarbonate: Sodium Chloride 17g (1 capful) by mouth once a day As needed for constipation.

Mix with 4oz of water or juice prior to administration.

Aricept - Donepezil Hydrochloride 5 mg 1 tablet (5mg) by mouth in the evening Dementia

Sennosides - Senna 0 2 Tablets (8.6mg each) by mouth at bedtime As needed for constipation

*Vincent DeCicco
695 Kinkaid Rd*

*695 Kinkaid Rd, MD 21402
Tele:443-270-8600 FAX: 14432708990*

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/10/2026