

Medical Update for Lillian Scott DOB: 03/25/1944

Date Order Created: 03/05/2026

Order ID: 1150/16678

Agency Assigned Id: 22562

Certification Period: 02/12/2026 to 04/12/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

02/18/2026 procedure: cough/deep breathing exercises, Notes: , gait training/stair training, Notes: , transfers training, Notes: , home exercise program, Notes: Ankle pumps, quad sets, glute sets, heel slides, partial squats, and seated/standing knee flexion and extension within tolerance. 10-15 reps ea. 1-2 set per day., cough/deep breathing exercises, Notes: , transfers training, Notes: , Therapeutic exercise, Notes: ,

02/18/2026 goal: patient self-administers medications as prescribed

* recalls related medication(s) purpose, schedule, Target Date: 04/12/2026: DISCONTINUED, Sit to Stand - 06. Independent, Target Date: 04/12/2026, Chair to Bed to Chair - 06. Independent, Target Date: 04/12/2026, Toilet Transfer - 06. Independent, Target Date: 04/12/2026, Car Transfer - 06. Independent, Target Date: 04/12/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 04/12/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 04/12/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 04/12/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Oral Hygiene - 06. Independent, Target Date: 04/12/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 04/12/2026, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 04/12/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 04/12/2026, Eating - 06. Independent, Target Date: 04/12/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 04/12/2026,

03/05/2026 Medications: Zaroxolyn - Metolazone 2.5 mg by mouth once a week Take one tablet 30 mins before torsemide once a week for fluid

Naeha Quasba
7141 Security Blvd

7141 Security Blvd, MD 21244
Tele:410-230-7827 FAX: 1-410-230-7827

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 03/05/2026