

Medical Update for Chanelle Holloway DOB: 09/21/1980

Date Order Created: 03/05/2026

Order ID: 1150/16645

Agency Assigned Id: 22731

Certification Period: 02/21/2026 to 04/21/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
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Orders:

03/02/2026 procedure: gait training/stair training, Notes: , transfers training, Notes: ,

03/02/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxation skills and diversional activities

* recalls related medication(s) purpose, schedule, Target Date: 04/21/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 04/21/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 04/21/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 04/21/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 04/21/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 04/21/2026, Walk 150 Feet - 04.

Supervision or touching assistance, Target Date: 04/21/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 04/21/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 04/21/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 04/21/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 04/21/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 04/21/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 04/21/2026,

03/03/2026 Medications: Gabapentin - Gabapentin 300 mg by mouth at bedtime For nerve pain/sleep
Melatonin - Melatonin 0 1 tablet 5 mg by mouth at bedtime For insomnia

Faryal Nadeem
7141 Security Blvd

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 03/05/2026