

Medical Update for Rona Howe DOB: 12/16/1946

Date Order Created: 02/19/2026

Order ID: 1150/16277

Agency Assigned Id: 20835

Certification Period: 12/27/2025 to 02/24/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

01/08/2026 Problems : GG0170K1 - Walk 150 Feet

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Interference with ADLs

Pain Interference with Therapy activities

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0130B1 - Oral Hygiene

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

02/16/2026 patient_goal: Feed myself and use my hands, Target Date: 02/24/2026, To be able to walk steadier to go out with friends improve my driving, Target Date: 02/24/2026,

02/17/2026 procedure: home exercise program, Notes: Aps, laq, hip abduction, standing hip,flexion, hamstring curls, heelraises,, cough/deep breathing exercises, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

02/18/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxatio, Target Date: 02/24/2026, Oral Hygiene - 06. Independent, Target Date: 02/24/2026, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Shower/Bathe Self - 05.

Setup or clean-up assistance, Target Date: 02/24/2026, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Eating - 06. Independent, Target Date: 02/24/2026, Upper Body Dressing - 06.

Independent, Target Date: 02/24/2026, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxatio, Target Date: 02/24/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 02/24/2026,

Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 02/24/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 02/24/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 02/24/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Car Transfer - 04. Supervision or touching assistance, Target Date: 02/24/2026,

Laura Emmanuel-Allen
7141 Security Blvd

7141 Security Blvd, MD 21044
Tele: FAX:

Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 03/04/2026