

Medical Update for Pearlie Grey DOB: 05/23/1934

Date Order Created: 02/24/2026

Order ID: 1150/16368

Agency Assigned Id: 21771

Certification Period: 01/24/2026 to 03/24/2026

*HomeCentris Healthcare LLC MD217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX*

Orders:

02/04/2026 Problems : GG0170G1 - Car Transfer

M1400 - Dyspnea

GG0170R1 - Wheel 50 ft w 2 Turns

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170S1 - Wheel 150 feet

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

02/04/2026 patient_goal: The caregiver wants the patient to get stronger and walk again, Target Date: 03/24/2026,

02/02/2026 procedure: cough/deep breathing exercises, Notes: , coordinate/arrange caregiver support to prevent caregiver physical, emotional and mental exhaustion, Notes: , coordinate/arrange for adequate patient supervision, Notes: , coordinate/arrange resources for vision-impaired, Notes: , coordinate/arrange home modifications for hearing impaired, i.e. alarms, Notes: , physician-ordered wound care: #1 - Other - Other - Buttocks - Incontinence related skin breakdown on both left and right buttocks. Barrier cream to Buttocks at every brief change., Notes: , cough/deep breathing

exercises, Notes: , incentive spirometer, Notes: , wheelchair training, Notes: , equipment training, Notes: , transfers training, Notes: , home exercise program, Notes: SLR, LE ABD/ADD, LONG ARC , MARCHING .,

01/30/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 03/24/2026, related medication(s) purpose and schedule, Target Date: 03/24/2026, symptoms requiring physician notification, Target Date: 03/24/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 03/24/2026, therapeutic exercises, Target Date: 03/24/2026, therapeutic modalities, Target Date: 03/24/2026, wheelchair training, Target Date: 03/24/2026, balance training, Target Date: 03/24/2026, equipment training, Target Date: 03/24/2026, work simplification/energy conservation, Target Date: 03/24/2026, transfer training, Target Date: 03/24/2026,

02/02/2026 goal: patient/caregiver recalls

- * how to keep home safe for hearing-impaired including installing special fire-detector/CO2 alarms
- * recalls related medication(s) purpose, schedule, Target Date: 03/24/2026, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medicatio, Target Date: 03/24/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 03/24/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 03/24/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 03/24/2026, Wheel 50 ft w 2 Turns - 06. Independent, Target Date: 03/24/2026, Wheel 150 feet - 06. Independent, Target Date: 03/24/2026, 1 - Step (curb) - 02. Substantial/maximal assistance, Target Date: 03/24/2026, 12 Steps - 02. Substantial/maximal assistance, Target Date: 03/24/2026, 4 Steps - 02. Substantial/maximal assistance, Target Date: 03/24/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 03/24/2026, Picking Up Object - 02. Substantial/maximal assistance, Target Date: 03/24/2026, Walk 10 Feet - 02. Substantial/maximal assistance, Target Date: 03/24/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 03/24/2026, Walk 150 Feet - 02. Substantial/maximal assistance, Target Date: 03/24/2026, Walk 50 ft with 2 Turns - 02. Substantial/maximal assistance, Target Date: 03/24/2026, Oral Hygiene - 03. Partial/moderate assistance, Target Date: 03/24/2026, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 03/24/2026, Shower/Bathe Self - 03. Partial/moderate assistance, Target Date: 03/24/2026, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 03/24/2026, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 03/24/2026, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 03/24/2026,

01/30/2026 discharge_plan: add discharge plan, Target Date: 03/24/2026,

01/30/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 03/24/2026, related medication(s) purpose and schedule, Target Date: 03/24/2026, symptoms requiring physician notification, Target Date: 03/24/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 03/24/2026, therapeutic exercises, Target Date: 03/24/2026, therapeutic modalities, Target Date: 03/24/2026, wheelchair training, Target Date: 03/24/2026, balance training, Target Date: 03/24/2026, equipment training, Target Date: 03/24/2026, work simplification/energy conservation, Target Date: 03/24/2026, transfer training, Target Date: 03/24/2026,

02/04/2026 Problems : M1400 - Dyspnea

02/04/2026 patient_goal: The caregiver wants the patient to get stronger and walk again, Target Date: 03/24/2026,

02/04/2026 procedure: home exercise program, Notes: SLR, LE ABD/ADD, LONG ARC , MARCHING .,

02/04/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medicatio, Target Date: 03/24/2026,

*Jenaro Hernandez
1001 Pine Heights Ave*

*1001 Pine Heights Ave, MD 21229
Tele:410-515-5440 FAX:*

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 02/24/2026