

Medical Update for Lillie Singleton DOB: 02/26/1930

Date Order Created: 02/13/2026

Order ID: 1150/16154

Agency Assigned Id: 21857

Certification Period: 02/05/2026 to 04/05/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

02/13/2026 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
Pain Effect on Sleep
Pain Interference with Therapy activities
M1400 - Dyspnea

02/12/2026 procedure: cough/deep breathing exercises, Notes: , train caregiver(s) to perform medical/rehabilitation treatments, Notes: , incentive spirometer, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

02/12/2026 teach: low-fat diet and lifestyle modifications to manage esophageal condition, Target Date: 04/05/2026,

02/12/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxatio, Target Date: 04/05/2026: DISCONTINUED, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 04/05/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxatio, Target Date: 04/05/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 04/05/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 04/05/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 04/05/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 04/05/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 04/05/2026: DISCONTINUED, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 04/05/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 04/05/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 04/05/2026, Car Transfer - 05. Setup or clean-up assistance, Target Date: 04/05/2026, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 04/05/2026,

200 E 33Rd St, MD 21218
Tele:410-261-8019 FAX: 1-410-261-8021

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 02/17/2026