

Medical Update for Millicent Gettier DOB: 07/27/1959

Date Order Created: 01/27/2026

Order ID: 1150/15592

Agency Assigned Id: 20703

Certification Period: 01/05/2026 to 03/05/2026

HomeCentris Healthcare LLC 217058
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Orders:

01/25/2026 Problems : GG0170E1 - Chair to Bed to Chair
M1400 Dyspnea

Pain Interference with ADLs

Pain Effect on Sleep

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0130A1 - Eating

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

01/15/2026 patient_goal: Evaluation only, Target Date: 03/05/2026, To get stronger and walk straight,
Target Date: 03/05/2026,

01/15/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
equipment training, Notes: , work simplification/energy conservation, Notes: , gait training/stair
training, Notes: , transfers training, Notes: , Medication Review , Notes: Medication reviewed with
patient with modifications made, cough/deep breathing exercises, Notes: , incentive spirometer,
Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers
training, Notes: , Medication Review , Notes: The medication was reviewed with the patient , Home
exercises, Notes: SLR, LE ABD/ADD, LONG ARC , MARCHING AND HEEL/RAISES --10X2 REPS ,

01/12/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including
documenting time of pain, rating, precipitating events, medications, treatments, and what works best
to relieve pain, teach relaxation skills and diversional activities, Target Date: 03/05/2026, related
medication(s) purpose and schedule, Target Date: 03/05/2026, symptoms requiring physician
notification, Target Date: 03/05/2026, lifestyle modifications to manage cardio-respiratory condition
including diet changes and regular exercise; strategies to control shortness of breath and home
remedies to keep lungs healthy, Target Date: 03/05/2026, how to maintain a diary to monitor effective

and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 03/05/2026, therapeutic exercises, Target Date: 03/05/2026, therapeutic modalities, Target Date: 03/05/2026, balance training, Target Date: 03/05/2026, equipment training, Target Date: 03/05/2026, gait training, Target Date: 03/05/2026, work simplification/energy conservation, Target Date: 03/05/2026, transfer training, Target Date: 03/05/2026, related medication(s) purpose and schedule, Target Date: 03/05/2026, symptoms requiring physician notification, Target Date: 03/05/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 03/05/2026, therapeutic exercises, Target Date: 03/05/2026, therapeutic modalities, Target Date: 03/05/2026, balance training, Target Date: 03/05/2026, equipment training, Target Date: 03/05/2026, gait training, Target Date: 03/05/2026, transfer training, Target Date: 03/05/2026,

01/15/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication, Target Date: 03/05/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation, Target Date: 03/05/2026, Chair to Bed to Chair - 06. Independent, Target Date: 03/05/2026, Sit to Stand - 06. Independent, Target Date: 03/05/2026, Toilet Transfer - 06. Independent, Target Date: 03/05/2026, Car Transfer - 06. Independent, Target Date: 03/05/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 03/05/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 03/05/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 03/05/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 03/05/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 03/05/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 03/05/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 03/05/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 03/05/2026, Oral Hygiene - 06. Independent, Target Date: 03/05/2026, Toileting Hygiene - 06. Independent, Target Date: 03/05/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 03/05/2026, Lower Body Dressing - 06. Independent, Target Date: 03/05/2026, Don/Doff Footwear - 06. Independent, Target Date: 03/05/2026, Eating - 06. Independent, Target Date: 03/05/2026, Upper Body Dressing - 06. Independent, Target Date: 03/05/2026, patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication, Target Date: 03/05/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation, Target Date: 03/05/2026, Sit to Stand - 06. Independent, Target Date: 03/05/2026, Chair to Bed to Chair - 06. Independent, Target Date: 03/05/2026, Toilet Transfer - 06. Independent, Target Date: 03/05/2026, Car Transfer - 06. Independent, Target Date: 03/05/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 03/05/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 03/05/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 03/05/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 03/05/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 03/05/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 03/05/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 03/05/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 03/05/2026,

01/15/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 03/05/2026, patient will be responsible for managing treatment, Target Date: 03/05/2026,

01/25/2026 Medications: Cephalexin - Cephalexin 750mg, take 1capsule by mouth three times a day
Antibacterial infections

Yuvraj Kamboj
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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by Messick, Charles Date 02/17/2026