

Medical Update for Marvel Brandon DOB: 06/16/1949

Date Order Created: 01/30/2026

Order ID: 1150/15819

Agency Assigned Id: 20398

Certification Period: 12/27/2025 to 02/24/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

01/29/2026 Problems : GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand
GG0170E1 - Chair to Bed to Chair
GG0170G1 - Car Transfer
GG0170I1 - Walk 10 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170K1 - Walk 150 Feet
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170M1 - 1 - Step (curb)
GG0170N1 - 4 Steps
GG0170O1 - 12 Steps
GG0170P1 - Picking Up Object
Pain Effect on Sleep
Pain Interference with ADLs

01/29/2026 patient_goal: I would like to return to work., Target Date: 02/24/2026,

01/29/2026 procedure: gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , Home exercise program , Notes: Sitting knee extension, ankle pumps. Supine hip flexion, bridging, hooklying rotation, straight leg raise, hip abduction. Standing knee flexion, hip abduction, hip extension, plantarflexion, squats , Dynamic and static standing balance training, Notes: ,

01/28/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 02/24/2026, related medication(s) purpose and schedule, Target Date: 02/24/2026, symptoms requiring physician notification, Target Date: 02/24/2026, therapeutic exercises, Target Date: 02/24/2026, therapeutic modalities, Target Date: 02/24/2026, balance training, Target Date: 02/24/2026, equipment training, Target Date: 02/24/2026, gait training, Target Date: 02/24/2026, transfer training, Target Date: 02/24/2026,

01/29/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation, Target Date: 02/24/2026, Sit to Stand - 06. Independent, Target Date: 02/24/2026, Chair to Bed to Chair - 06. Independent, Target Date: 02/24/2026, Toilet Transfer - 06. Independent, Target Date: 02/24/2026, Car Transfer - 06. Independent, Target Date: 02/24/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 02/24/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 02/24/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 02/24/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 02/24/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 02/24/2026,

01/29/2026 discharge_plan: patient will be responsible for managing treatment, Target Date:
02/24/2026,

Nkiruka Obioha
2391 Greenspring Drive

2391 Greenspring Drive, MD 21093
Tele:4108473000 FAX: 8554160980

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 02/17/2026