

## Medical Update for Janet Gunther DOB: 10/11/1947

**Date Order Created:** 02/13/2026

**Order ID:** 1150/16105

**Agency Assigned Id:** 21290

**Certification Period:** 01/10/2026 to 03/10/2026

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### Orders:

02/11/2026 Problems : #1 - Blister - Other - Left distal pre-tibial -  
#2 - Blister - Other - Left proximal medial malleolus -  
#3 - Blister - Other - Left distal medial malleolus - "stings"

01/29/2026 procedure: Labs, Notes: CBC/CHEM7/WBC with Auto Diff  
Wound screening culture with reflex to definitive identification, gait training on uneven surfaces,  
Notes: , transfers training, Notes: , B LE strengthening, Notes: , wound vacuum, Notes: ,  
physician-ordered wound care: #1 - Blister - Other - Left distal pre-tibial -, Notes: , physician-ordered  
wound care: #2 - Blister - Other - Left proximal medial malleolus -, Notes: , physician-ordered wound  
care: #3 - Blister - Other - Left distal medial malleolus - "stings", Notes: ,

02/11/2026 teach: how to achieve wound healing including cleaning and dressing wound, position  
changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound  
measurements, Target Date: 03/10/2026,

02/01/2026 goal: patient/caregiver recalls

- \* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- \* teach relaxatio, Target Date: 03/10/2026, Sit to Stand - 06. Independent, Target Date: 03/10/2026, Chair to Bed to Chair - 06. Independent, Target Date: 03/10/2026, Toilet Transfer - 06. Independent, Target Date: 03/10/2026, Car Transfer - 06. Independent, Target Date: 03/10/2026, Walk 10 Feet - 06. Independent, Target Date: 03/10/2026, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 03/10/2026, Walk 150 Feet - 06. Independent, Target Date: 03/10/2026, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 03/10/2026, 1 - Step (curb) - 06. Independent, Target Date: 03/10/2026, 4 Steps - 06. Independent, Target Date: 03/10/2026, 12 Steps - 06. Independent, Target Date: 03/10/2026, Picking Up Object - 06. Independent, Target Date: 03/10/2026, patient/caregiver recalls
- \* how to achieve wound healing including cleaning and dressing wound
- \* position changes
- \* skin care
- \* diet modification
- \* record wound measurements
- \* recalls related medication(s) purpose, schedule, Target Date: 03/10/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles      Date 02/17/2026