

Medical Update for Charles Milburn DOB: 10/15/1946

Date Order Created: 02/13/2026

Order ID: 1150/16146

Agency Assigned Id: 21824

Certification Period: 01/30/2026 to 03/30/2026

HomeCentris Healthcare LLC 217058
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Orders:

02/10/2026 procedure: monitor intake & output, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , monitor dialysis schedule, Notes: , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , home exercise program, Notes: Bilateral UE strengthening of biceps, triceps, and deltoid muscles. HEP to be provided,

02/10/2026 teach: lifestyle modifications to manage cardiac condition including symptom management, diet changes, regular exercise, getting enough sleep, Target Date: 03/30/2026, incorporate lifestyle modifications to optimize renal condition including renal-specific diet, exercise, monitoring of blood pressure and blood sugar, home remedies, Target Date: 03/30/2026, how to optimize range of motion with active and passive therapeutic exercises, manage pain/discomfort, fluid and diet intake to promote healing and prevent constipation, Target Date: 03/30/2026, pain control, therapeutic exercises to optimize range of motion of affected area, diet and fluids to promote healing, Target Date: 03/30/2026,

02/10/2026 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxatio, Target Date: 03/30/2026, patient self-administers medications as prescribed

- * recalls related medication(s) purpose, schedule, Target Date: 03/30/2026, patient has access to co-pay assistance considering inability to pay, Target Date: 03/30/2026, Oral Hygiene - 06.

Independent, Target Date: 03/30/2026, Toileting Hygiene - 06. Independent, Target Date: 03/30/2026, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 03/30/2026, Lower Body Dressing - 06. Independent, Target Date: 03/30/2026, Don/Doff Footwear - 06. Independent, Target Date: 03/30/2026, Eating - 06. Independent, Target Date: 03/30/2026, Upper Body Dressing - 06.

Independent, Target Date: 03/30/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxatio, Target Date: 03/30/2026, Sit to Stand - 06. Independent, Target Date: 03/30/2026,

Chair to Bed to Chair - 06. Independent, Target Date: 03/30/2026, Toilet Transfer - 06. Independent, Target Date: 03/30/2026, Car Transfer - 06. Independent, Target Date: 03/30/2026, Walk 10 Feet - 05.

Setup or clean-up assistance, Target Date: 03/30/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 03/30/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date:

03/30/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date:

03/30/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 03/30/2026, 4 Steps - 05.

Setup or clean-up assistance, Target Date: 03/30/2026, 12 Steps - 05. Setup or clean-up assistance,

Target Date: 03/30/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date:

03/30/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 02/17/2026