

Medical Update for Douglas Marquess DOB: 09/07/1952

Date Order Created: 01/27/2026

Order ID: 1150/15749

Agency Assigned Id: 21287

Certification Period: 01/19/2026 to 03/19/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
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Orders:

01/27/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

01/27/2026 goal: Sit to Stand - 06. Independent, Target Date: 03/19/2026, Chair to Bed to Chair - 06. Independent, Target Date: 03/19/2026, Toilet Transfer - 06. Independent, Target Date: 03/19/2026, Car Transfer - 06. Independent, Target Date: 03/19/2026, Walk 10 Feet - 06. Independent, Target Date: 03/19/2026, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 03/19/2026, Walk 150 Feet - 06. Independent, Target Date: 03/19/2026, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 03/19/2026, 1 - Step (curb) - 06. Independent, Target Date: 03/19/2026, 4 Steps - 06. Independent, Target Date: 03/19/2026, 12 Steps - 06. Independent, Target Date: 03/19/2026, Picking Up Object - 06. Independent, Target Date: 03/19/2026,

01/27/2026 Medications: Toprol XL - Metoprolol Tartrate 025mg tab by mouth twice a day Take one 25mg tab daily for heart rate control
Metformin - Metformin Hydrochloride 500mg, take 2 tablets by mouth twice a day T2DM
Furosemide - Furosemide 40 mg Take 1 tablet by mouth in the morning Diuretics

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/28/2026