

Medical Update for Charlotte Robinson DOB: 10/12/1940

Date Order Created: 01/27/2026

Order ID: 1150/15642

Agency Assigned Id: 20696

Certification Period: 01/06/2026 to 03/06/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

01/23/2026 Problems : GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand
GG0170E1 - Chair to Bed to Chair
GG0170G1 - Car Transfer
GG0170I1 - Walk 10 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170K1 - Walk 150 Feet
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170M1 - 1 - Step (curb)
GG0170N1 - 4 Steps
GG0170O1 - 12 Steps
GG0170P1 - Picking Up Object
Pain Interference with ADLs
M1400 Dyspnea

01/23/2026 patient_goal: To walk better with out device, Target Date: 03/06/2026,

01/13/2026 procedure: cough/deep breathing exercises, Notes: , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , Medication Review, Notes: The medication was reviewed with the patient , strengthening exercises, Notes: ,

01/23/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 03/06/2026,

01/13/2026 goal: patient/caregiver recalls

- * how to incorporate lifestyle modifications to optimize renal condition including renal-specific diet
- * exercise
- * monitoring of blood pressure
- * blood sugar
- * home
- * recalls related medication(s) purpose, sch, Target Date: 03/06/2026, patient/caregiver recalls
- * depression-prevention strategies including avoidance of isolation
- * healthy eating
- * sleeping habits
- * identification of activities that bring pleasure
- * preventive care
- * recalls related medication(s) purpos, Target Date: 03/06/2026, patient self-administers medications as prescribed
- * recalls related medication(s) purpose, schedule, Target Date: 03/06/2026: DISCONTINUED, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath

* home remedies to keep lungs healthy
* recalls related medicatio, Target Date: 03/06/2026, patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxatio, Target Date: 03/06/2026, Sit to Stand - 06. Independent, Target Date: 03/06/2026, Chair to Bed to Chair - 06. Independent, Target Date: 03/06/2026, Toilet Transfer - 06. Independent, Target Date: 03/06/2026, Car Transfer - 06. Independent, Target Date: 03/06/2026, Walk 10 Feet - 05. Setup or clean-up assistance, Target Date: 03/06/2026, Walk 50 ft with 2 Turns - 05. Setup or clean-up assistance, Target Date: 03/06/2026, Walk 150 Feet - 05. Setup or clean-up assistance, Target Date: 03/06/2026, Walk 10 ft on Uneven Surface - 05. Setup or clean-up assistance, Target Date: 03/06/2026, 1 - Step (curb) - 05. Setup or clean-up assistance, Target Date: 03/06/2026, 4 Steps - 05. Setup or clean-up assistance, Target Date: 03/06/2026, 12 Steps - 05. Setup or clean-up assistance, Target Date: 03/06/2026, Picking Up Object - 05. Setup or clean-up assistance, Target Date: 03/06/2026,

01/23/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 03/06/2026,

Stephanie Davis
3400 Box Hill Corporate Center Dr

3400 Box Hill Corporate Center Dr, MD 21009
Tele:1-800-777-7904 FAX: kaiser

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/28/2026