

Medical Update for Janet Gunther DOB: 10/11/1947

Date Order Created: 01/27/2026

Order ID: 1150/15594

Agency Assigned Id: 21290

Certification Period: 01/10/2026 to 03/10/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of PT skill Total Visits: 7 and Visit Freq: 7

01/21/2026 Problems : GG0170F1 - Toilet Transfer
GG0170D1 - Sit to Stand
GG0170E1 - Chair to Bed to Chair
GG0170G1 - Car Transfer
GG0170I1 - Walk 10 Feet
GG0170J1 - Walk 50 ft with 2 Turns
GG0170K1 - Walk 150 Feet
GG0170L1 - Walk 10 ft on Uneven Surface
GG0170M1 - 1 - Step (curb)
GG0170N1 - 4 Steps
GG0170O1 - 12 Steps
GG0170P1 - Picking Up Object
Pain Effect on Sleep
Pain Interference with Therapy activities
Pain Interference with ADLs

01/21/2026 patient_goal: Stay away from the hospital, Target Date: 03/10/2026,

01/21/2026 procedure: Medication Review-, Notes: Patient verbalized understanding of current prescriptions, dosages, and schedule. No reported issues with adherence, side effects, or confusion at this time.
, HEP, Notes: Ankle pumps, quad sets, glute sets, heel slides, partial squats, and seated/standing knee flexion and extension within tolerance. 10-15 reps ea. 1-2 set per day, gait training on uneven surfaces, Notes: , transfers training, Notes: ,

01/21/2026 teach: wheelchair training, Target Date: 03/10/2026,

01/24/2026 goal: patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation, Target Date: 03/10/2026, Sit to Stand - 06. Independent, Target Date: 03/10/2026, Chair to Bed to Chair - 06. Independent, Target Date: 03/10/2026, Toilet Transfer - 06. Independent, Target Date: 03/10/2026, Car Transfer - 06. Independent, Target Date: 03/10/2026, Walk 10 Feet - 06. Independent, Target Date: 03/10/2026, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 03/10/2026, Walk 150 Feet - 06. Independent, Target Date: 03/10/2026, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 03/10/2026, 1 - Step (curb) - 06. Independent, Target Date: 03/10/2026, 4 Steps - 06. Independent, Target Date: 03/10/2026, 12 Steps - 06. Independent, Target Date: 03/10/2026, Picking Up Object - 06. Independent, Target Date: 03/10/2026,

01/21/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 03/10/2026,

Maria Madah
1701 Twin Springs Rd

1701 Twin Springs Rd, MD 21227
Tele:(800) 777-7904 FAX: 18559024974

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/28/2026