

Medical Update for Janice Maddrey DOB: 06/19/1943

Date Order Created: 01/27/2026

Order ID: 1150/15616

Agency Assigned Id: 21038

Certification Period: 01/06/2026 to 03/06/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of OT skill Total Visits: 3 and Visit Freq: 3
Authorization changes of SN skill Total Visits: 5 and Visit Freq: 5

01/21/2026 Problems : GG0170F1 - Toilet Transfer

GG0170D1 - Sit to Stand

GG0170E1 - Chair to Bed to Chair

GG0170G1 - Car Transfer

GG0170I1 - Walk 10 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170K1 - Walk 150 Feet

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170M1 - 1 - Step (curb)

GG0170N1 - 4 Steps

GG0170O1 - 12 Steps

GG0170P1 - Picking Up Object

M1400 Dyspnea

01/21/2026 patient_goal: To get stronger and walk better, Target Date: 03/06/2026,

01/13/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , train caregiver(s) to perform medical/rehabilitation treatments, Notes: , teach/coordinate/arrange medication packaging and/or administration, Notes: , coordinate/arrange for adequate patient supervision, Notes: , Medication Review, Notes: The medication was reviewed with the patient , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

01/21/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 03/06/2026, wheelchair training, Target Date: 03/06/2026,

01/13/2026 goal: patient/caregiver recalls

- * depression-prevention strategies including avoidance of isolation

- * healthy eating

- * sleeping habits

- * identification of activities that bring pleasure

- * preventive care

- * recalls related medication(s) purpos, Target Date: 03/06/2026: DISCONTINUED, patient/caregiver recalls

- * how to promote optimized mobility with strength

- * balance

- * dexterity

- * range-of-motion therapeutic exercises

- * promotion of peripheral circulation

- * fluid and diet intake to promote healing

* prevent cons, Target Date: 03/06/2026, patient self-administers medications as prescribed
* recalls related medication(s) purpose, schedule, Target Date: 03/06/2026: DISCONTINUED, patient/caregiver recalls
* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medicatio, Target Date: 03/06/2026, Sit to Stand - 06. Independent, Target Date: 03/06/2026: DISCONTINUED, Chair to Bed to Chair - 06. Independent, Target Date: 03/06/2026, Toilet Transfer - 06. Independent, Target Date: 03/06/2026, Car Transfer - 06. Independent, Target Date: 03/06/2026, Walk 10 Feet - 06. Independent, Target Date: 03/06/2026, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 03/06/2026, Walk 150 Feet - 06. Independent, Target Date: 03/06/2026, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 03/06/2026, 1 - Step (curb) - 06. Independent, Target Date: 03/06/2026, 4 Steps - 06. Independent, Target Date: 03/06/2026, 12 Steps - 06. Independent, Target Date: 03/06/2026, Picking Up Object - 06. Independent, Target Date: 03/06/2026,

01/21/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 03/06/2026,

01/23/2026 Medications: Humalog Kwikpen - Insulin Lispro Recombinant Inject 7-12 units subcutaneous before meal Inject 7 units before breakfast, 12 units before lunch and dinner. Lantus - Insulin Glargine Recombinant Inject 42 units subcutaneous at bedtime T2DM

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/28/2026