

Medical Update for Mary Zimmerer DOB: 10/27/1940

Date Order Created: 01/27/2026

Order ID: 1150/15670

Agency Assigned Id: 20728

Certification Period: 12/23/2025 to 02/20/2026

HomeCentris Healthcare LLC 217058
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Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of OT skill Total Visits: 3 and Visit Freq: 3
Authorization changes of PT skill Total Visits: 6 and Visit Freq: 6
Authorization changes of SN skill Total Visits: 7 and Visit Freq: 7

01/06/2026 procedure: bladder training, Notes: ,

01/06/2026 teach: urinary incontinence management including bladder training, Kegel exercises, skin care, Target Date: 02/20/2026,

01/06/2026 goal: patient/caregiver recalls

- * urinary incontinence management including bladder training

- * Kegel exercises

- * skin care

- * recalls related medication(s) purpose, schedule, Target Date: 02/20/2026: DISCONTINUED,

01/22/2026 Medications: Metoprolol Er - Hydrochlorothiazide: Metoprolol Succinate 25MG by mouth once a day Take 1/2 tablet by mouth daily

Nitroglycerin - Nitroglycerin 0.4 mg/hr .4 MG Tablet by mouth as necessary

Oluwakemi Ajide
4920 Campbell Blvd

4920 Campbell Blvd, MD 21236
Tele:410-933-7600 FAX: 410-933-7666

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 01/28/2026