

Medical Update for Guadalupe Montenegro DOB: 11/28/1964

Date Order Created: 01/27/2026

Order ID: 1150/15629

Agency Assigned Id: 20591

Certification Period: 12/19/2025 to 02/16/2026

*HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX*

Orders:

Authorization changes of SN skill Total Visits: 7 and Visit Freq: 7

*01/22/2026 Medications: Mounjaro 5 mg intramuscular once a week DM
Humulin R - Insulin Recombinant Human 500 units/ml 500 units/ml 500 UNITS/ML subcutaneous three
times a day 40 UNITS BEFORE BREAKFAST. (80 units before)
40 UNITS BEFORE LUNCH. (70 units before)
35 UNITS BEFORE DINNER. (60 units before)*

*Sabaina Arshad
1701 N George Mason Dr*

*1701 N George Mason Dr, MD 22205
Tele: 410-847-3000 FAX:*

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/28/2026