

Medical Update for Charles Fretwell DOB: 06/10/1949

Date Order Created: 01/23/2026

Order ID: 1150/15547

Agency Assigned Id: 19261

Certification Period: 12/22/2025 to 02/19/2026

HomeCentris Healthcare LLC 217058
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Orders:

Authorization changes of OT skill Total Visits: 6 and Visit Freq: 2w1, 1w4

01/02/2026 Problems : Pain Effect on Sleep

Pain Interference with Therapy activities

Pain Interference with ADLs

M1400 - Dyspnea

GG0130B1 - Oral Hygiene - 06. Independent

GG0130F1 - Upper Body Dressing - 06. Independent

GG0130G1 - Lower Body Dressing - 06. Independent

GG0130H1 - Don/Doff Footwear - 06. Independent

GG0130E1 - Shower/Bathe Self - 05. Setup or clean-up assistance

GG0130C1 - Toileting Hygiene - 06. Independent

GG0130A1 - Eating - 06. Independent

01/02/2026 patient_goal: return to PLOF, return to work, Target Date: 02/19/2026,

01/02/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

01/02/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 02/19/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 02/19/2026, therapeutic exercises, Target Date: 02/19/2026, therapeutic modalities, Target Date: 02/19/2026, equipment training, Target Date: 02/19/2026, work simplification/energy conservation, Target Date: 02/19/2026, related medication(s) purpose and schedule, Target Date: 02/19/2026, symptoms requiring physician notification, Target Date: 02/19/2026,

01/02/2026 goal: patient/caregiver recalls

** lifestyle modifications to manage respiratory condition including*

** diet changes and regular exercise*

** strategies to control shortness of breath*

** home remedies to keep lungs healthy*

** recalls related medicatio, Target Date: 02/19/2026, patient/caregiver recalls*

** how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain*

** teach relaxatio, Target Date: 02/19/2026, Oral Hygiene - 06. Independent, Target Date: 02/19/2026,*

Toileting Hygiene - 06. Independent, Target Date: 02/19/2026, Shower/Bathe Self - 06. Independent,

Target Date: 02/19/2026, Lower Body Dressing - 06. Independent, Target Date: 02/19/2026, Don/Doff

Footwear - 06. Independent, Target Date: 02/19/2026, Eating - 06. Independent, Target Date:

02/19/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 02/19/2026,

01/02/2026 discharge_plan: patient will be responsible for managing treatment, Target Date:

02/19/2026,

01/23/2026 Medications: Furosemide - Furosemide 20 mg 1 tab by mouth once a day Pt reports that he went to the ER on 1/15/26 due to feeling sick with a cold last week. and he had SOB, he was examined, had a chest xray, EKG. He was started on a new medication, Furosemide, 20 MG, 1 tab PO daily, starting 1/14/26, Rx# 8052 0357 1620. Med profile updated.

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/28/2026