

Medical Update for Cheryl Brown DOB: 01/31/1949

Date Order Created: 01/23/2026

Order ID: 1150/15512

Agency Assigned Id: 5325

Certification Period: 12/10/2025 to 02/07/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of PT skill Total Visits: 3 and Visit Freq: 3
Authorization changes of OT skill Total Visits: 3 and Visit Freq: 3
Authorization changes of SN skill Total Visits: 8 and Visit Freq: 2w2, 1w4

01/20/2026 Problems : GG0170G1 - Car Transfer

M1400 - Dyspnea

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

M1400 Dyspnea

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

01/06/2026 patient_goal: I want to feel more comfortable with my catheter. , Target Date: 02/07/2026,
To be able to move around her house without losing balance, Target Date: 02/07/2026,

12/22/2025 procedure: catheter change, care & irrigation, Notes: : DISCONTINUED, catheter change, care & irrigation, Notes: Skilled nurse to change foley catheter monthly with a 16fr 10cc foley catheter. Patient needs to follow up with urologist regarding flushing orders for catheter. , Catheter care each visit, Notes: Upon each visit, catheter care to be done. Assess color of urine. , cough/deep breathing exercises, Notes: , gait training/stair training, Notes: , transfers training, Notes: , therapeutic exercises, Notes: , Medication Review, Notes: - medications reviewed with patient/caregiver, cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

01/17/2026 teach: how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 02/07/2026, related medication(s) purpose and schedule, Target Date: 02/07/2026, symptoms requiring physician notification, Target Date: 02/07/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home

remedies to keep lungs healthy, Target Date: 02/07/2026, therapeutic exercises, Target Date: 02/07/2026, therapeutic modalities, Target Date: 02/07/2026, balance training, Target Date: 02/07/2026, equipment training, Target Date: 02/07/2026, gait training, Target Date: 02/07/2026, work simplification/energy conservation, Target Date: 02/07/2026, transfer training, Target Date: 02/07/2026, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 02/07/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 02/07/2026, therapeutic exercises, Target Date: 02/07/2026, therapeutic modalities, Target Date: 02/07/2026, equipment training, Target Date: 02/07/2026, work simplification/energy conservation, Target Date: 02/07/2026, related medication(s) purpose and schedule, Target Date: 02/07/2026, symptoms requiring physician notification, Target Date: 02/07/2026,

01/19/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medicatio, Target Date: 02/07/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 02/07/2026, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 02/07/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 02/07/2026, 1 - Step (curb) - 06. Independent, Target Date: 02/07/2026, 12 Steps - 02. Substantial/maximal assistance, Target Date: 02/07/2026, 4 Steps - 02. Substantial/maximal assistance, Target Date: 02/07/2026, Car Transfer - 06. Independent, Target Date: 02/07/2026, Picking Up Object - 02. Substantial/maximal assistance, Target Date: 02/07/2026, Walk 10 Feet - 02. Substantial/maximal assistance, Target Date: 02/07/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 02/07/2026, Walk 150 Feet - 02. Substantial/maximal assistance, Target Date: 02/07/2026, Walk 50 ft with 2 Turns - 02. Substantial/maximal assistance, Target Date: 02/07/2026, Oral Hygiene - 03. Partial/moderate assistance, Target Date: 02/07/2026, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 02/07/2026, Shower/Bathe Self - 03. Partial/moderate assistance, Target Date: 02/07/2026, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 02/07/2026, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 02/07/2026, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 02/07/2026, Medication Review, Target Date:

02/07/2026, patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medicatio, Target Date: 02/07/2026, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 02/07/2026, Toileting Hygiene - 06. Independent, Target Date: 02/07/2026,

01/19/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 02/07/2026,

01/21/2026 Medications: Dabigatran Etextilate - Dabigatran Etextilate 0150mg by mouth every 12 hours 1capsule

Qinglin Gao

500 Upper Cheasapeak Dr

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Tele: FAX:

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 01/23/2026