

Medical Update for Ethel Clark DOB: 08/09/1940

Date Order Created: 01/23/2026

Order ID: 1150/15531

Agency Assigned Id: 20580

Certification Period: 12/23/2025 to 02/20/2026

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Orders:

Authorization changes of MSW skill Total Visits: 1 and Visit Freq: 1w1
Authorization changes of OT skill Total Visits: 5 and Visit Freq: 5

01/02/2026 Problems : Pain Effect on Sleep

Pain Interference with Therapy activities

Pain Interference with ADLs

M1400 - Dyspnea

GG0130B1 - Oral Hygiene - 05. Setup or clean-up assistance

GG0130F1 - Upper Body Dressing - 06. Independent

GG0130G1 - Lower Body Dressing - 06. Independent

GG0130H1 - Don/Doff Footwear - 06. Independent

GG0130E1 - Shower/Bathe Self - 04. Supervision or touching assistance

GG0130C1 - Toileting Hygiene - 05. Setup or clean-up assistance

GG0130A1 - Eating - 06. Independent

01/02/2026 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
equipment training, Notes: , work simplification/energy conservation, Notes: ,

01/02/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet
changes and regular exercise; strategies to control shortness of breath and home remedies to keep
lungs healthy, Target Date: 02/20/2026, how to maintain a diary to monitor effective and non-effective
pain relief including documenting time of pain, rating, precipitating events, medications, treatments,
and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date:
02/20/2026, therapeutic exercises, Target Date: 02/20/2026, therapeutic modalities, Target Date:
02/20/2026, equipment training, Target Date: 02/20/2026, work simplification/energy conservation,
Target Date: 02/20/2026, related medication(s) purpose and schedule, Target Date: 02/20/2026,
symptoms requiring physician notification, Target Date: 02/20/2026,

01/02/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medicatio, Target Date: 02/20/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time
of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxatio, Target Date: 02/20/2026, Oral Hygiene - 06. Independent, Target Date: 02/20/2026:

DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 02/20/2026: DISCONTINUED,

Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 02/20/2026, Lower Body Dressing -
06. Independent, Target Date: 02/20/2026, Don/Doff Footwear - 06. Independent, Target Date:

02/20/2026, Eating - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Upper Body
Dressing - 06. Independent, Target Date: 02/20/2026,

01/02/2026 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date:

02/20/2026,

01/22/2026 Medications: Amoxicillin And Clavulanate Potassium - Amoxicillin: Clavulanate Potassium
125 mg by mouth twice a day

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/23/2026