

Medical Update for Cheryl Speight DOB: 11/23/1947

Date Order Created: 01/23/2026

Order ID: 1150/15502

Agency Assigned Id: 20725

Certification Period: 12/23/2025 to 02/20/2026

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Orders:

Authorization changes of OT skill Total Visits: 6 and Visit Freq: 1w4
Authorization changes of OT skill Total Visits: 4 and Visit Freq: 1w4
Authorization changes of PT skill Total Visits: 4 and Visit Freq: 4
Authorization changes of SN skill Total Visits: 7 and Visit Freq: 7
Authorization changes of HHA skill Total Visits: 9 and Visit Freq: 9

01/02/2026 Problems : M1400 - Dyspnea
GG0130B1 - Oral Hygiene - 06. Independent
GG0130F1 - Upper Body Dressing - 06. Independent
GG0130G1 - Lower Body Dressing - 06. Independent
GG0130H1 - Don/Doff Footwear - 06. Independent
GG0130E1 - Shower/Bathe Self - 04. Supervision or touching assistance
GG0130C1 - Toileting Hygiene - 06. Independent
GG0130A1 - Eating - 06. Independent

01/02/2026 patient_goal: Using my hands, Target Date: 02/20/2026, add patient-stated goal, Target Date: 02/20/2026,

01/02/2026 procedure: incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , Medication Review , Notes: Medication reviewed with patient , transfers training, Notes: , assist with bathing, Notes: , assist with lower body dressing, Notes: , assist with upper body dressing, Notes: , assist with light housekeeping, Notes: Mod A with bed making, assist with bathing, Notes: Supervision, assist with mobility, Notes: , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

01/02/2026 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 02/20/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 02/20/2026, therapeutic exercises, Target Date: 02/20/2026, therapeutic modalities, Target Date: 02/20/2026, equipment training, Target Date: 02/20/2026, work simplification/energy conservation, Target Date: 02/20/2026, related medication(s) purpose and schedule, Target Date: 02/20/2026, symptoms requiring physician notification, Target Date: 02/20/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 02/20/2026, related medication(s) purpose and schedule, Target Date: 02/20/2026, symptoms requiring physician notification, Target Date: 02/20/2026,

01/02/2026 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath

* home remedies to keep lungs healthy

* recalls related medicatio, Target Date: 02/20/2026: DISCONTINUED, Oral Hygiene - 06.

Independent, Target Date: 02/20/2026: DISCONTINUED, Toileting Hygiene - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Shower/Bathe Self - 06. Independent, Target Date: 02/20/2026, Lower Body Dressing - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Don/Doff Footwear - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Eating - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Upper Body Dressing - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

* teach relaxatio, Target Date: 02/20/2026: DISCONTINUED, Sit to Stand - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Sit to Stand - 05. Setup or clean-up assistance, Target Date: 02/20/2026: DISCONTINUED, Toilet Transfer - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Car Transfer - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Walk 10 Feet - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Walk 50 ft with 2 Turns - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Walk 150 Feet - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Walk 10 ft on Uneven Surface - 06. Independent, Target Date: 02/20/2026, 1 - Step (curb) - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, 4 Steps - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, 12 Steps - 06. Independent, Target Date: 02/20/2026: DISCONTINUED, Picking Up Object - 06. Independent, Target Date: 02/20/2026,

01/02/2026 discharge_plan: patient will be responsible for managing treatment, Target Date: 02/20/2026, add discharge plan, Target Date: 02/20/2026,

01/23/2026 Medications: Cymbalta - Duloxetine Hydrochloride 30 mg 1 tablet by mouth once a day To go with the 60mg tablet

Cymbalta - Duloxetine Hydrochloride 060 mg oral capsule + 30mg capsule by mouth once a day Antidepressant (90mg)

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/23/2026