

Medical Update for Anthony Cook DOB: 06/16/1989

Date Order Created: 01/19/2026

Order ID: 1150/15412

Agency Assigned Id: 20581

Certification Period: 12/18/2025 to 02/15/2026

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of PT skill Total Visits: 2 and Visit Freq: 2
Authorization changes of SN skill Total Visits: 4 and Visit Freq: 4
Authorization changes of OT skill Total Visits: 2 and Visit Freq: CUSTOM

01/15/2026 Problems : Type 2 diabetes mellitus with foot ulcer (E11.621)
Non-pressure chronic ulcer oth prt left foot w unsp severity (L97.529)
Type 2 diabetes w diabetic peripheral angiopathy w gangrene (E11.52)
Type 2 diabetes mellitus with diabetic neuropathy, unsp (E11.40)
Cannabis abuse, uncomplicated (F12.10)
Cocaine use, unspecified, uncomplicated (F14.90)
Obesity, class 3 (E66.813)
Body mass index [BMI] 40.0-44.9, adult (Z68.41)
Personal history of nicotine dependence (Z87.891)

01/16/2026 procedure: cough/deep breathing exercises, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

01/16/2026 goal: patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxatio, Target Date: 02/15/2026, Chair to Bed to Chair - 05. Setup or clean-up assistance, Target Date: 02/15/2026, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 02/15/2026, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 02/15/2026, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 02/15/2026, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 02/15/2026, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 02/15/2026, 4 Steps - 04. Supervision or touching assistance, Target Date: 02/15/2026, 12 Steps - 04. Supervision or touching assistance, Target Date: 02/15/2026, Picking Up Object - 04. Supervision or touching assistance, Target Date: 02/15/2026, Car Transfer - 06. Independent, Target Date: 02/15/2026, Walk 10 ft on Uneven Surface - 02. Substantial/maximal assistance, Target Date: 02/15/2026,

01/18/2026 Medications: Oxycodone Hydrochloride - Oxycodone Hydrochloride 15 mg 05 mg orla tablet, Take 2 tablet by mouth every 4 hours as needed for pain
Mounjaro 4x2.5mg/0.5ml 1 syringe subcutaneous once a week Inject one prefilled pen once a week on Thursdays for diabetes.
Aspirin 81Mg - Aspirin 1 tab by mouth once a day Take 1 tab 81 mg once daily for cardiac health

David Roggen

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/19/2026