

Medical Update for Carolyn Bethel DOB: 03/23/1948

Date Order Created: 12/19/2025

Order ID: 1150/14957

Agency Assigned Id: 20297

Certification Period: 12/10/2025 to 02/07/2026

HomeCentris Healthcare LLC 217058
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Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of OT skill Total Visits: 4 and Visit Freq: 4

12/19/2025 Problems : GG0130B1 - Oral Hygiene

GG0130F1 - Upper Body Dressing

GG0130G1 - Lower Body Dressing

GG0130H1 - Don/Doff Footwear

GG0130E1 - Shower/Bathe Self

GG0130C1 - Toileting Hygiene

GG0130A1 - Eating

Pain Effect on Sleep

Pain Interference with Therapy activities

Pain Interference with ADLs

M1400 - Dyspnea

12/19/2025 patient_goal: Able to take a shower and go back to plov, Target Date: 02/07/2026,

12/19/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,

12/19/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 02/07/2026,

12/19/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 02/07/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 02/07/2026, Eating - 06. Independent, Target Date: 02/07/2026,

12/19/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 02/07/2026,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 01/08/2026