

Medical Update for Charles Park DOB: 03/13/1931

Date Order Created: 12/08/2025

Order ID: 1163/583

Agency Assigned Id: 600

Certification Period: 10/30/2025 to 12/27/2025

Grace Home Healthcare, LLC 497754
9735 Main Street Suite 200 Fairfax,
Fairfax, VA 22031-3736
PHONE 703-865-7370 FAX

Orders:

12/02/2025 Problems : M1400

M1400 Dyspnea

GG0130A1 - Eating

GG0170S1 - Wheel 150 feet

GG0170R1 - Wheel 50 ft w 2 Turns

GG0170B1 - Sit to Lying

GG0170A1 - Roll left & Right

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

Mech compl of indwelling urethral catheter, subs (T83.091D)

Feeling of incomplete bladder emptying (R39.14)

11/13/2025 procedure: catheter change, care & irrigation, Notes: Change patients foley catheter monthly with 16 Fr 10cc Balloon silicone catheter. Flush with 30-60cc of sterile water or normal saline PRN for obstruction/clogging. Foley last changed on 10/30/2025, catheter change, care & irrigation, Notes: Per PCP Regina Kasun IF issues with Foley Catheter send patient to ER. Patient / Family cancelled outpatient visit with urology. Foley orders received: DISCONTINUED, LAB ORDER, Notes: Skilled nurse to collect UA with reflex and Urine Culture. Results to Regina Kasun, NP. SKILLED NURSE TO CHANGE FOLEY CATHETER PRIOR TO OBTAINING URINE SAMPLE., gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , monitor dialysis schedule, Notes: ,

12/03/2025 teach: gait training, Target Date: 12/27/2025, how to take the patient's blood pressure and record the reading, Target Date: 12/27/2025,

12/03/2025 goal: Sit to Stand - 04. Supervision or touching assistance, Target Date: 12/27/2025, Chair to Bed to Chair - 04. Supervision or touching assistance, Target Date: 12/27/2025, Car Transfer - 04. Supervision or touching assistance, Target Date: 12/27/2025, Walk 10 Feet - 03. Partial/moderate assistance, Target Date: 12/27/2025, Walk 50 ft with 2 Turns - 03. Partial/moderate assistance, Target Date: 12/27/2025, Walk 150 Feet - 03. Partial/moderate assistance, Target Date: 12/27/2025, 1 - Step

(curb) - 03. Partial/moderate assistance, Target Date: 12/27/2025, 4 Steps - 03. Partial/moderate assistance, Target Date: 12/27/2025, 12 Steps - 03. Partial/moderate assistance, Target Date: 12/27/2025, Picking Up Object - 03. Partial/moderate assistance, Target Date: 12/27/2025,

patient/caregiver recalls

* how to take the patient's blood pressure

* record the reading

* recalls related medication(s) purpose, schedule, Target Date: 12/27/2025 (unable to achieve)

Regina Kasun
2700 Prosperity Ave Ste 270

2700 Prosperity Ave Ste 270, VA 22031
Tele:7036982431 FAX: 15716656878

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 12/23/2025