

Medical Update for Hanaa Elnaggar-Lasheen DOB: 09/01/1958

Date Order Created: 10/31/2025

Order ID: 1163/428

Agency Assigned Id: 515

Certification Period: 10/14/2025 to 12/12/2025

Grace Home Healthcare, LLC 497754
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Orders:

10/30/2025 patient_goal: OT evaluation only, Target Date: 12/12/2025,

10/30/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
equipment training, Notes: , work simplification/energy conservation, Notes: ,

10/30/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet
changes and regular exercise; strategies to control shortness of breath and home remedies to keep
lungs healthy, Target Date: 12/12/2025, how to maintain a diary to monitor effective and non-effective
pain relief including documenting time of pain, rating, precipitating events, medications, treatments,
and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date:
12/12/2025, therapeutic exercises, Target Date: 12/12/2025, therapeutic modalities, Target Date:
12/12/2025, equipment training, Target Date: 12/12/2025, work simplification/energy conservation,
Target Date: 12/12/2025, related medication(s) purpose and schedule, Target Date: 12/12/2025,
symptoms requiring physician notification, Target Date: 12/12/2025,

10/30/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 12/12/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time
of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 12/12/2025, Oral Hygiene - 06.
Independent, Target Date: 12/12/2025, Lower Body Dressing - 06. Independent, Target Date:
12/12/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 12/12/2025, Toileting
Hygiene - 06. Independent, Target Date: 12/12/2025, Don/Doff Footwear - 06. Independent, Target
Date: 12/12/2025, Eating - 06. Independent, Target Date: 12/12/2025,

10/30/2025 discharge_plan: patient will be responsible for managing treatment, Target Date:
12/12/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 12/04/2025