

Medical Update for Adelaide Rosebrough DOB: 07/25/1952

Date Order Created: 11/28/2025

Order ID: 1150/14273

Agency Assigned Id: 19327

Certification Period: 11/08/2025 to 01/06/2026

*HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX*

Orders:

11/14/2025 Problems : GG0130B1 - Oral Hygiene

GG0130F1 - Upper Body Dressing

GG0130G1 - Lower Body Dressing

GG0130H1 - Don/Doff Footwear

GG0130E1 - Shower/Bathe Self

GG0130A1 - Eating

Pain Interference with ADLs

M1400 - Dyspnea

#1 - Abrasion - Anterior Left Elbow/Forearm - Writer's Suggestion to the medical care provider for wound care: cleanse site with soap and water, open to air. Site was epithelialized.

11/14/2025 patient_goal: To use shower (daughter), Target Date: 01/06/2026,

11/14/2025 procedure: equipment training, Notes: ,

11/14/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 01/06/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 01/06/2026, equipment training, Target Date: 01/06/2026, work simplification/energy conservation, Target Date: 01/06/2026, related medication(s) purpose and schedule, Target Date: 01/06/2026, symptoms requiring physician notification, Target Date: 01/06/2026,

11/14/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 01/06/2026, patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 01/06/2026, Oral Hygiene - 03.

Partial/moderate assistance, Target Date: 01/06/2026, Upper Body Dressing - 01. Dependent, Target

Date: 01/06/2026, Lower Body Dressing - 01. Dependent, Target Date: 01/06/2026, Shower/Bathe Self

- 04. Supervision or touching assistance, Target Date: 01/06/2026, Toileting Hygiene - 01. Dependent,

Target Date: 01/06/2026, Don/Doff Footwear - 01. Dependent, Target Date: 01/06/2026, Eating - 04.

Supervision or touching assistance, Target Date: 01/06/2026,

11/14/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 01/06/2026,

11/25/2025 Medications: Asa 81 Mg - Aspirin 81 Milligram by mouth once a day Prophalatic for herat

health.

Medication discontinued per patient's daughter

Atorvastatin - Atorvastatin Calcium 40 Milligram by mouth once a day manage cholesterol.

Medication no longer in the home per patient's daughter. Cholesterol managed by diet.

Donepezil Hydrochloride - Donepezil Hydrochloride 10 mg by mouth at bedtime Nightly for Dementia.

Per patient's daughter, medication discontinued by medical care provider. Medication no longer in the home.

Furosemide - Furosemide 20 Milligram by mouth once a day Manage Fluid overload.

Medication discontinued per patient's daughter

Mirtazapine - Mirtazapine 7.5 mg at bedtime Take nightly for sleep.

Medication discontinued per patient's daughter.

Naltrexone Hydrochloride - Naltrexone Hydrochloride 25 mg tablet by mouth once a day take 50mg by mouth daily.

Medication discontinued per patient's daughter

Nicotine Patch - Nicotine Patch 1 patch transdermal in the morning smoking cessation.

Per patient's daughter, the patch was discontinued.

Amlodipine - Amlodipine Besylate 5 milligram by mouth once a day Management of hypertension.

Per patient's daughter per medical care provider's order, patient to take med once daily as needed per given parameter.

Authorization changes of OT skill Total Visits: 1 and Visit Freq: 1

Authorization changes of PT skill Total Visits: 4 and Visit Freq: 4

Authorization changes of SN skill Total Visits: 7 and Visit Freq: 7

Leopoldine Modjo Kenmogne

3001 Hospital Dr

3001 Hospital Dr, MD 20785

Tele:410-737-5000 FAX: 14107375401

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles

Date 12/01/2025