

Medical Update for Charles Clarke DOB: 02/10/1946

Date Order Created: 11/28/2025

Order ID: 1150/14219

Agency Assigned Id: 19149

Certification Period: 11/06/2025 to 01/04/2026

*HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX*

Orders:

11/19/2025 Problems : GG0170J1 - Walk 50 ft with 2 Turns

M1400 Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0130B1 - Oral Hygiene

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

11/19/2025 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: , train caregiver(s) to perform medical/rehabilitation treatments, Notes: Teach pt and PCG how to perform Piriformis stretches to address sciatic pain.,

11/19/2025 teach: work simplification/energy conservation, Target Date: 01/04/2026,

11/19/2025 goal: patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 01/04/2026, Oral Hygiene - 06.

Independent, Target Date: 01/04/2026, Lower Body Dressing - 06. Independent, Target Date:

01/04/2026, Shower/Bathe Self - 06. Independent, Target Date: 01/04/2026, Toileting Hygiene - 06.

Independent, Target Date: 01/04/2026, Don/Doff Footwear - 06. Independent, Target Date:

01/04/2026, Eating - 06. Independent, Target Date: 01/04/2026,

11/25/2025 Medications: Torsemide - Torsemide 20 mg by mouth in the morning Hold if weight is less than 179, Take 1 tab if weight is 170 to 175lbs. And give 2 tabs if weight is greater than 175.

Pantoprazole - Pantoprazole Sodium 40 mg by mouth in the morning Gerd
Lopressor - Metoprolol Tartrate 25mg by mouth twice a day

Authorization changes of SN skill Total Visits: 6 and Visit Freq: 6
Authorization changes of PT skill Total Visits: 7 and Visit Freq: 7

Vincent DeCicco
695 Kinkaid Rd

695 Kinkaid Rd, MD 21402
Tele:443-270-8600 FAX: 14432708990

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 12/01/2025