

Medical Update for Mary McClain DOB: 09/07/1948

Date Order Created: 11/28/2025

Order ID: 1150/14252

Agency Assigned Id: 19241

Certification Period: 11/12/2025 to 01/10/2026

*HomeCentris Healthcare LLC 217058
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Orders:

11/19/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
Pain Effect on Sleep
Pain Interference with ADLs
M1400

11/19/2025 patient_goal: sister "to be able to get out of bed.", Target Date: 01/10/2026,

11/19/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , wheelchair training, Notes: , assist with transferring, Notes: , strengthening exercises, Notes: ,

11/19/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 01/10/2026, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 01/10/2026, therapeutic exercises, Target Date: 01/10/2026, therapeutic modalities, Target Date: 01/10/2026, equipment training, Target Date: 01/10/2026, work simplification/energy conservation, Target Date: 01/10/2026, related medication(s) purpose and schedule, Target Date: 01/10/2026, symptoms requiring physician notification, Target Date: 01/10/2026,

11/19/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 01/10/2026, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 01/10/2026, Oral Hygiene - 03. Partial/moderate assistance, Target Date: 01/10/2026: DISCONTINUED, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 01/10/2026: DISCONTINUED, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 01/10/2026: DISCONTINUED, Shower/Bathe Self - 02. Substantial/maximal assistance, Target Date: 01/10/2026: DISCONTINUED, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 01/10/2026: DISCONTINUED, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 01/10/2026, Eating - 05. Setup or clean-up assistance, Target Date: 01/10/2026,

11/19/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 01/10/2026,

Authorization changes of SN skill Total Visits: 7 and Visit Freq: 7

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 12/01/2025