

Medical Update for Bonita Bulluck DOB: 11/02/1956

Date Order Created: 11/25/2025

Order ID: 1150/14110

Agency Assigned Id: 19429

Certification Period: 11/15/2025 to 01/13/2026

HomeCentris Healthcare LLC 217058
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Orders:

Authorization changes of PT skill Total Visits: 6 and Visit Freq: 6
Authorization changes of SN skill Total Visits: 7 and Visit Freq: 7

11/24/2025 Problems : GG0170J1 - Walk 50 ft with 2 Turns

M1400 Dyspnea

Pain Interference with ADLs

Pain Effect on Sleep

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0130B1 - Oral Hygiene

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

11/24/2025 patient_goal: I want to walk without my legs feeling heavy and be able to clean my house,
Target Date: 01/13/2026,

11/24/2025 procedure: Home exercise program , Notes: Supine hip flexion, bridging, hooklying rotation, straight leg raise, hip abduction. Sitting knee extension, ankle pumps. Standing knee flexion, hip abduction, hip extension, plantarflexion, squats , Dynamic and static standing balance training, Notes: , Stretching to bilateral knees , Notes: , cough/deep breathing exercises, Notes: ,

11/24/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 01/13/2026,

11/24/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 01/13/2026, patient/caregiver recalls

* *how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain*
* *teach relaxation skills and diversional activities*
* *recalls related medication(s) purpose, schedule, Target Date: 01/13/2026,*

11/24/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 01/13/2026,

Sherell Mason
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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 11/25/2025