

Medical Update for Gel Pearson DOB: 12/16/1979

Date Order Created: 11/19/2025

Order ID: 179/12434

Agency Assigned Id: 7503

Certification Period: 11/01/2025 to 12/30/2025

Home Health Cares 368102
579# EAST MARKET@STREETS
HARRISONBURG, VA 22801-1234
PHONE 540-433-7146 FAX

Orders:

Authorization changes of SN skill Total Visits: 1 and Visit Freq: 1w1

11/19/2025 Problems : GG0170I1 - Walk 10 Feet
M1400

Pain Interference with ADLs

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0130B1 - Oral Hygiene

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

11/19/2025 patient_goal: Move independently, Target Date: 12/30/2025,

11/19/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,
equipment training, Notes: , work simplification/energy conservation, Notes: , gait training on uneven
surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

11/19/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet
changes and regular exercise; strategies to control shortness of breath and home remedies to keep
lungs healthy, Target Date: 12/30/2025, how to maintain a diary to monitor effective and non-effective
pain relief including documenting time of pain, rating, precipitating events, medications, treatments,
and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date:
12/30/2025, therapeutic exercises, Target Date: 12/30/2025, therapeutic modalities, Target Date:
12/30/2025, balance training, Target Date: 12/30/2025, equipment training, Target Date: 12/30/2025,
gait training, Target Date: 12/30/2025, work simplification/energy conservation, Target Date:
12/30/2025, transfer training, Target Date: 12/30/2025, related medication(s) purpose and schedule,
Target Date: 12/30/2025, symptoms requiring physician notification, Target Date: 12/30/2025,

11/19/2025 goal: patient/caregiver recalls

* lifestyle modifications to manage respiratory condition including

* diet changes and regular exercise

- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 12/30/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 12/30/2025, Oral Hygiene - 03. Partial/moderate assistance, Target Date: 12/30/2025, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 12/30/2025, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 12/30/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 12/30/2025, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 12/30/2025, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 12/30/2025, Eating - 04. Supervision or touching assistance, Target Date: 12/30/2025, Sit to Stand - 03. Partial/moderate assistance, Target Date: 12/30/2025, Chair to Bed to Chair - 03. Partial/moderate assistance, Target Date: 12/30/2025, Toilet Transfer - 04. Supervision or touching assistance, Target Date: 12/30/2025, Car Transfer - 03. Partial/moderate assistance, Target Date: 12/30/2025, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 12/30/2025, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 12/30/2025, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 12/30/2025, Walk 10 ft on Uneven Surface - 04. Supervision or touching assistance, Target Date: 12/30/2025, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 12/30/2025, 4 Steps - 04. Supervision or touching assistance, Target Date: 12/30/2025, 12 Steps - 04. Supervision or touching assistance, Target Date: 12/30/2025, Picking Up Object - 04. Supervision or touching assistance, Target Date: 12/30/2025,

11/19/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 12/30/2025,

Joy De Castro

, ME
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Physician Signature _____ Date _____

Staff Signature: Electronically Signed by , Marion Date 11/19/2025