Home Health Certification and Plan of Care

Order ID: 1150/13838

1. Patient s HI claim No.	2. Start Of Care Date	3. Certification Period	4. Medical Record No.	5. Provider No.
11401796880	11/07/2025	From: 11/07/2025 To: 01/05/2026	19300	217058

6. Patient's Name and Address

Shana Ahdi Deznab
8202 Evergreen Dr,
PARKVILLE, MD 21234-
410-262-5427

7. Provider's Name, Address and Telephone Number

HomeCentris Healthcare LLC
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
410-321-8448
1487113239

8. DOB 04/15/1988 | **9.Sex** Male

11. ICD	Principal Diagnosis	Date
T81.43XA	Infct fol a procedure organ and space surgical site init	11/07/25

13. ICD	Other Pertinent Diagnoses	Date
K65.1	Peritoneal abscess	11/07/25
I10.	Essential (primary) hypertension	11/07/25
Q22.1	Congenital pulmonary valve stenosis	11/07/25
F41.9	Anxiety disorder unspecified	11/07/25
D63.8	Anemia in other chronic diseases classified elsewhere	11/07/25
Z90.5	Acquired absence of kidney	11/07/25
Z87.440	Personal history of urinary (tract) infections	11/07/25
Z87.891	Personal history of nicotine dependence	11/07/25

10. Medications: Dose/Frequency/Route (N)ew (C)hanged

Acetaminophen - Acetaminophen 500 MG tablet, Take 1,000 mg by mouth every 6 hours Take 1,000 mg by mouth every 6 hours as needed for pain
Hydromorphone Hydrochloride - Hydromorphone Hydrochloride 2 mg tablet, Take 0.5 tablets by mouth every 6 hours Take 0.5 tablets by mouth every 6 hours as needed for SEVERE Pain or Breakthrough Pain
Sumatriptan - Sumatriptan 100 MG tablet, Take 100 mg by mouth once a day Take 100 mg by mouth 1 time daily as needed for migraines
Polyethylene Glycol - Polyethylene Glycol 3350: Potassium Chloride: Sodium Bicarbonate: Sodium Chloride 17 g packet, Take 1 packet by mouth once a day Take 1 packet by mouth daily. Stir and dissolve 1 packet in any 4-8 ounces of noncarbonated beverage for constipation
Azelastine - Azelastine Hydrochloride 0.1 % nasal solution, 1 spray Nasal once a day 1 spray by Each Nare route 1 time daily as needed for allergy.
Clobetasol Propionate (Emollient) - Clobetasol Propionate 0.05 % cream, Apply 1 Application topical twice a day Apply 1 Application to the skin 2 times daily. rash
Clobetasol Propionate - Clobetasol Propionate 0.05 % solution, Apply 1 Application topical twice a day Apply 1 Application to the skin 2 times daily. Apply to scalp.
Gabapentin - Gabapentin 100 mg 100 MG capsule, Take 1 capsule by mouth three times a day Take 1 capsule by mouth 3 times daily. for neuropathic pain
Labetalol - Labetalol Hydrochloride 200 MG tablet, Take 400 mg by mouth twice a day HBP
Montelukast Sodium - Montelukast Sodium 10 mg 10 MG tablet, Take 10 mg by mouth in the morning Allergy
Nifedipine - Nifedipine 30 mg 30 mg tablet,Take 30 mg by mouth once a day HBP

14. DME and Supplies:
wound care supplies, bath bench

15. Safety Measures:
bathroom safety

16. Nutrition:
low sodium

17. Allergies:
azithromycin wound adhesive shellfish octacosanol

18.A. Functional Limitations
Endurance

18.B. Activities Permitted
Up As Tolerated

19. Mental & Pyschosocial Status: COGNITION: 0. Alert/ oriented, able to focus and shift attention, comprehends and recalls task directions independently., ANXIETY: 0. Never, SOCIAL ISOLATION: 0. Never, BEHAVIORAL ISSUES: 7. None of the above behaviors demonstrated, HISTORY OF DEPRESSION: No

20. Prognosis: fair

22. A Rehabilitation Potential:
SELF-CARE: 3. Independent - Patient completed all the activities by him/herself, with or without an assistive device, with no assistance from a helper., MOBILITY: 3. Independent - Patient completed all the activities by him/herself, with or without an assistive device, with no assistance from a helper.

22.B.Discharge Plans
patient will be responsible for managing treatment

Homebound status: Due to diagnosis of Infection Following A Procedure, Organ And Space Surgical Site, Initial Encounter, the patient is experiencing decreased endurance and mobility, increasing the likelihood of falls. To safely leave their home, the patient needs assistance from another person and an assistive mobility device.

Clinical Condition Requiring Homecare:

The patient is a 37-year-old female with a past medical history significant for chronic hypertension, acute kidney injury (AKI), and ureteropelvic junction (UPJ) obstruction. She recently underwent left kidney surgery and was discharged home but subsequently developed fever, pain, nausea, vomiting, and purulent drainage at the surgical site. Upon readmission, diagnostic evaluation revealed an abscess formation and left lower lobe pneumonia. She was treated in the hospital, completing a course of intravenous antibiotics prior to discharge. At the time of home <mh class="chrome-extension-FindManyStrings chrome-extension-FindManyStrings-style-8 CE-FMS-assessment">assessment</mh>, the patient presented alert and oriented, with vital signs within normal limits and afebrile. Respirations were even and unlabored. She ambulates slowly without the use of an assistive device, reporting occasional fatigue and mild pain but denying nausea, vomiting, shortness of breath, headache, dizziness, or lightheadedness. Physical <mh class="chrome-extension-FindManyStrings chrome-extension-FindManyStrings-style-8 CE-FMS-assessment">assessment</mh> revealed two Jackson-Pratt (JP) drains located on the left side of the abdomen, positioned anteriorly and posteriorly, both intact and patent with no signs of leakage or infection. The drainage sites were clean and dry, with no wound orders in place. The patient was instructed to keep both drain sites clean and dry and to change dressings if they become wet or soiled using clean technique. Two additional abdominal incision sites were left open to air (LOTA), appearing well-approximated with mild rash noted around the area, likely secondary to adhesive tape irritation. Comprehensive education was provided regarding infection prevention, proper hand hygiene, and daily drain care. The patient was instructed and demonstrated understanding of how to empty and compress the JP bulbs correctly to maintain suction. She verbalized comprehension of all instructions and return-demonstrated proper technique. The plan includes continued skilled nursing <mh class="chrome-extension-FindManyStrings chrome-extension-FindManyStrings-style-1 CE-FMS-visits">visits</mh> for monitoring of drain output, <mh class="chrome-extension-FindManyStrings

23. Signature and Date of Verbal SOC Where Applicable:
Electronically Signed by Messick, Charles RN on 11/07/2025

25. Date HHA Received Signed POT

24. Physician's Name and Address
Robert Levine
2391 Greenspring Drive
Timonium, MD 21093
PHONE: 410-847-3000 FAX: 18554160980 NPI: 1417274432

26. I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have authorized the services on this plan of care and will periodically review the plan.
F2F date : 11/05/2025

27. Attending Physician's Signature and Date Signed : Date of physician last face-to-face

28. Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws.

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chrome-extension-FindManyStrings-style-8 CE-FMS-assessment">assessment</mh> of incision integrity, ongoing education regarding infection control and post-surgical care, and coordination with the healthcare team to ensure safe recovery and optimal healing.
 Date of Order 11/07/2025 Orders Physician Face-to-Face Date: 11/05/2025 Clinical Condition Requiring Home Care per Certifying Physician: sn-disease management due to Infection Following A Procedure, Organ And Space Surgical Site, Initial Encounter Homebound Status per Certifying Physician: patient requires another person or medical equipment such as crutches, a walker, or a wheelchair to leave home
 1 - SOC - SN Notes: soc
 Physician Levine , Robert

SN Careplans

SN WK1: 1 (11/07/25-11/08/25) ,WK2: 1 (11/09/25-11/15/25) ,WK3: 1 (11/16/25-11/22/25) ,WK4: 1 (11/23/25-11/29/25) ,WK5: 1 (11/30/25-12/06/25) ,WK6: 1 (12/07/25-12/13/25)

PARAMETERS FOR PHYSICIAN NOTIFICATION: temperature < 95 > 100.5, heart rate < 50 > 110, respiratory rate < 8 > 22, blood pressure systolic < 90 > 169, blood pressure diastolic < 60 > 90, O2 saturation < 88 > 100, pain < 0 > 5

CAREGIVER: 1. Non-agency caregiver(s) currently provide assistance

HOSPITALIZATION RISKS: 3. Multiple hospitalizations (2 or more) in the past 6 months, 7. Currently taking 5 or more medications, 8. Currently reports exhaustion, 9. Other risk(s) not listed in 1- 8

STANDING ORDERS: infection control: hygiene, proper hand washing; advance directive: plan if patient is unable to make healthcare decisions ; fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn; emergency preparedness: plan for prn evacuation, resumption of home health visits; Skin Preservation: Measures to prevent skin breakdown; pressure relief, incontinence care, nutrition, hydration ; Pain: Pain management measures; pain medication, rest, body alignment, ROM, meditation, massage ; Medications: Medication actions, uses, frequency, dose, interactions of all new/change meds
Advance Directive:Durable power of attorney for health care/Medical power of attorney

PROBLEMS IDENTIFIED ON ASSESSMENT: M2020 - Oral Med Management, M1033 - Exhaustion, M1400 - Dyspnea, abnormal blood pressure, limited strength, Pain Effect on Sleep, Pain Interference with ADLs, daytime fatigue, swell/redness surround. skin, #1 - Observable Surgical Wound - Anterior Midline - Anterior Midline Upper, #2 - Observable Surgical Wound - Anterior Midline - Anterior Midline Lower, #3 - Observable Surgical Wound - Anterior Left Abdomen - Front JP drain site, #4 - Observable Surgical Wound - Posterior Left Middle Back - Back JP drain site

PROCEDURES: Medication Review- : Medications reviewed with patient/caregiver. , cough/deep breathing exercises, incentive spirometer, physician-ordered wound care: Mid abdominal surgical sites: leave open to air. Front and back JP drains: keep the site clean and dry, but change the dressing if it becomes wet or dirty.

TEACH PATIENT/CAREGIVER: * how to take the patient's blood pressure record the reading, related medication(s) purpose, schedule, * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain teach relaxation skills and diversional activities, related medication(s) purpose, schedule, * how to achieve wound healing including cleaning and dressing wound position changes skin care diet modification record wound measurements, related medication(s) purpose, schedule, * strategies to minimize fatigue and exhaustion including work simplification energy conservation lifestyle changes diet, related medication(s) purpose, schedule, patient self-administers medications as prescribed, related medication(s) purpose, schedule

SN Goals

PATIENT-STATED GOAL: To remove the JP drains and feel better.

GOALS
patient/caregiver recalls
* how to achieve wound healing including cleaning and dressing wound
* position changes
* skin care
* diet modification
* record wound measurements
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* how to take the patient's blood pressure
* record the reading
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule

patient/caregiver recalls
* strategies to minimize fatigue and exhaustion including work simplification
* energy conservation
* lifestyle changes
* diet
* recalls related medication(s) purpose, schedule

patient self-administers medications as prescribed
* recalls related medication(s) purpose, schedule

Signature of Physician:	Date
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Optional Name/Signature of Nurse/Therapist:	Date
Electronically Signed by Messick, Charles RN	11/07/2025