

Medical Update for Tanisha Clendenin DOB: 06/14/1980

Date Order Created: 11/12/2025

Order ID: 1150/13768

Agency Assigned Id: 19036

Certification Period: 11/01/2025 to 12/29/2025

HomeCentris Healthcare LLC 217058
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Orders:

Authorization changes of PT skill Total Visits: 7 and Visit Freq: 7

11/11/2025 Problems : GG0170J1 - Walk 50 ft with 2 Turns

M1400 Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0130B1 - Oral Hygiene

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

11/11/2025 patient_goal: To be able to walk without help, Target Date: 12/29/2025,

11/11/2025 procedure: cough/deep breathing exercises, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: , therapeutic exercises, Notes: , Medication Review , Notes: - medications reviewed with patient/caregiver, cough/deep breathing exercises, Notes: ,

11/11/2025 teach: therapeutic exercises, Target Date: 12/29/2025, therapeutic modalities, Target Date: 12/29/2025, balance training, Target Date: 12/29/2025, equipment training, Target Date: 12/29/2025, gait training, Target Date: 12/29/2025, transfer training, Target Date: 12/29/2025, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 12/29/2025,

11/11/2025 goal: patient/caregiver recalls

** how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain*

- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 12/29/2025, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 12/29/2025, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 12/29/2025, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 12/29/2025, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 12/29/2025, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 12/29/2025, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 12/29/2025, Eating - 05. Setup or clean-up assistance, Target Date: 12/29/2025, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 12/29/2025, Toilet Transfer - 04. Supervision or touching assistance, Target Date: 12/29/2025, Medication Review, Target Date: 12/29/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 12/29/2025, Sit to Stand - 03. Partial/moderate assistance, Target Date: 12/29/2025, Chair to Bed to Chair - 03. Partial/moderate assistance, Target Date: 12/29/2025, Car Transfer - 03. Partial/moderate assistance, Target Date: 12/29/2025, Walk 10 Feet - 03. Partial/moderate assistance, Target Date: 12/29/2025, Walk 50 ft with 2 Turns - 03. Partial/moderate assistance, Target Date: 12/29/2025, 1 - Step (curb) - 03. Partial/moderate assistance, Target Date: 12/29/2025, Picking Up Object - 03. Partial/moderate assistance, Target Date: 12/29/2025,

11/11/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 12/29/2025,

Walk 150 Feet - 03. Partial/moderate assistance, Target Date: 12/29/2025 (unable to achieve)
 4 Steps - 03. Partial/moderate assistance, Target Date: 12/29/2025 (unable to achieve)
 12 Steps - 03. Partial/moderate assistance, Target Date: 12/29/2025 (unable to achieve)

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 11/12/2025