

Medical Update for Kathleen Oneal DOB: 07/16/1969

Date Order Created: 11/12/2025

Order ID: 1150/13783

Agency Assigned Id: 17011

Certification Period: 09/03/2025 to 11/01/2025

HomeCentris Healthcare LLC 217058
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Orders:

10/24/2025 Problems : Pain Effect on Sleep
Pain Interference with ADLs
M1400 - Dyspnea
Chronic systolic (congestive) heart failure (I50.22)
Old myocardial infarction (I25.2)
Gastro-esophageal reflux disease without esophagitis (K21.9)
Major depressive disorder, single episode, unspecified (F32.9)
Atherosclerotic heart disease of native coronary artery w/o ang pectoris (I25.10)
Unspecified protein-calorie malnutrition (E46.)

10/24/2025 patient_goal: Wants to get stronger, Target Date: 11/01/2025,

09/12/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , coordinate/arrange preparation of missing meals, Notes: , coordinate/arrange for maintenance of clean/uncluttered living area, Notes: , coordinate/arrange access to medicine/medical supplies considering patient inability to pay, Notes: , cough/deep breathing exercises, Notes: , transfers training, Notes: , therapeutic exercises, Notes: , ADLs , Notes: ,

10/24/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 11/01/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 11/01/2025, therapeutic exercises, Target Date: 11/01/2025, therapeutic modalities, Target Date: 11/01/2025, equipment training, Target Date: 11/01/2025, work simplification/energy conservation, Target Date: 11/01/2025, related medication(s) purpose and schedule, Target Date: 11/01/2025, symptoms requiring physician notification, Target Date: 11/01/2025,

09/12/2025 goal: patient/caregiver recalls

- * how to help resolve infection including hygiene
- * proper hand washing
- * food-safety techniques
- * travel precautions
- * vaccinations
- * animal-control
- * cough etiquette
- * recalls related medication(s) purpose, schedule, Target Date: 11/01/2025: DISCONTINUED, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 11/01/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

** teach relaxation skills and diversional activities*

** recalls related medication(s) purpose, schedule, Target Date: 11/01/2025, Oral Hygiene - 06.*

Independent, Target Date: 11/01/2025, Lower Body Dressing - 06. Independent, Target Date: 11/01/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 11/01/2025, Toileting Hygiene - 06. Independent, Target Date: 11/01/2025, Don/Doff Footwear - 06. Independent, Target Date: 11/01/2025, Eating - 06. Independent, Target Date: 11/01/2025: DISCONTINUED, Patient will demonstrate improved bilateral upper extremity muscle strength from 3+/5 mmt to 4+/5 mmt to improve ADLs and transfers within 6 wks , Target Date: 11/01/2025,

10/24/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 11/01/2025,

11/06/2025 Medications: Albuterol - Albuterol 0.09 mg/inh 1 puff inhalant every 4 hours As needed for breathing

Symbicort - Budesonide: Formoterol Fumarate Dihydrate 0.08 mg/inh;0.0045 mg/inh 1 puff inhalant twice a day Breathing

Calcium Carbonate, Famotidine And Magnesium Hydroxide - Calcium Carbonate: Famotidine: Magnesium Hydroxide 648 mg by mouth three times a day Gastritis

Escitalopram Oxalate - Escitalopram Oxalate eq 10 mg base 1 tablet by mouth once a day Depression Hydroxyzine - Hydroxyzine Hydrochloride 25mg by mouth three times a day As needed for anxiety

Ibuprofen - Ibuprofen 400 mg 1 tablet by mouth once a day As needed for pain

Levetiracetam - Levetiracetam 500 mg/5ml (100 mg/ml) 500 MG liquid by mouth twice a day for SEIZURE DISORDER

Pantoprazole - Pantoprazole Sodium 40 mg 1 tablet by mouth twice a day Gastritis

Entresto - Sacubitril: Valsartan 24-26mg tablet by mouth twice a day Heart failure

Simethicone - Simethicone 80 Mg , take 1 Tablet by mouth four times a day And at bedtime as needed for constipation

Spironolactone - Spironolactone 25 mg 1 tablet by mouth once a day Heart failure

Sucralfate - Sucralfate 1gm 1 tablet by mouth three times a day Supplement

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 11/12/2025