

Medical Update for Forteno Pecora DOB: 06/27/1940

Date Order Created: 11/12/2025

Order ID: 1150/13803

Agency Assigned Id: 17639

Certification Period: 10/03/2025 to 12/01/2025

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

11/03/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
M1400 - Dyspnea

11/03/2025 patient_goal: Walk better, Target Date: 12/01/2025,

11/03/2025 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: , transfers training, Notes: , assist with bathing, Notes: , assist with toilet transferring, Notes: , assist with toileting hygiene, Notes: , assist with mobility, Notes: , assist with grooming, Notes: , therapeutic exercises, Notes: ,

11/03/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 12/01/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 12/01/2025, therapeutic exercises, Target Date: 12/01/2025, therapeutic modalities, Target Date: 12/01/2025, equipment training, Target Date: 12/01/2025, work simplification/energy conservation, Target Date: 12/01/2025, related medication(s) purpose and schedule, Target Date: 12/01/2025, symptoms requiring physician notification, Target Date: 12/01/2025,

11/03/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 12/01/2025, Oral Hygiene - 06. Independent, Target Date: 12/01/2025, Lower Body Dressing - 06. Independent, Target Date: 12/01/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 12/01/2025, Toileting Hygiene - 06. Independent, Target Date: 12/01/2025, Don/Doff Footwear - 06. Independent, Target Date: 12/01/2025, Eating - 06. Independent, Target Date: 12/01/2025,

11/03/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 12/01/2025,

Mohammad Rana
1447 York Rd

1447 York Rd, MD 21093
Tele: FAX:

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 11/12/2025