

Medical Update for Tanisha Clendenin DOB: 06/14/1980

Date Order Created: 11/11/2025

Order ID: 1150/13709

Agency Assigned Id: 19036

Certification Period: 11/01/2025 to 12/29/2025

HomeCentris Healthcare LLC 217058
10 Crossroads Drive, Suite 102
Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

11/11/2025 Problems : GG0170J1 - Walk 50 ft with 2 Turns

M1400 - Dyspnea

Pain Interference with ADLs

Pain Interference with Therapy activities

Pain Effect on Sleep

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0130B1 - Oral Hygiene

GG0170I1 - Walk 10 Feet

GG0170G1 - Car Transfer

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

11/11/2025 patient_goal: "To get stronger", Target Date: 12/29/2025,

11/11/2025 procedure: cough/deep breathing exercises, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: , therapeutic exercises, Notes: ,

11/11/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 12/29/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 12/29/2025, therapeutic exercises, Target Date: 12/29/2025, therapeutic modalities, Target Date: 12/29/2025, equipment training, Target Date: 12/29/2025, work simplification/energy conservation, Target Date: 12/29/2025, related medication(s) purpose and schedule, Target Date: 12/29/2025, symptoms requiring physician notification, Target Date: 12/29/2025,

11/11/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including

- * diet changes and regular exercise

- * strategies to control shortness of breath

- * home remedies to keep lungs healthy

- * recalls related medication(s) purpose, schedule, Target Date: 12/29/2025, patient/caregiver recalls

* how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
* teach relaxation skills and diversional activities
* recalls related medication(s) purpose, schedule, Target Date: 12/29/2025, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 12/29/2025, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 12/29/2025, Lower Body Dressing - 03. Partial/moderate assistance, Target Date: 12/29/2025, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 12/29/2025, Toileting Hygiene - 03. Partial/moderate assistance, Target Date: 12/29/2025, Don/Doff Footwear - 03. Partial/moderate assistance, Target Date: 12/29/2025, Eating - 05. Setup or clean-up assistance, Target Date: 12/29/2025,

11/11/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 12/29/2025,

Leopoldine Modjo Kenmogne
3001 Hospital Dr

3001 Hospital Dr, MD 20785
Tele:410-737-5000 FAX: 14107375401

PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 11/11/2025