

Medical Update for Pamella Garcia DOB: 11/05/1955

Date Order Created: 11/11/2025

Order ID: 1184/288

Agency Assigned Id: 1398

Certification Period: 10/10/2025 to 12/08/2025

Devotion Home Health Care, LLC 037804
11201 N Tatum Blvd, Suite 300
Phoenix, AZ 85028-6039
PHONE 480-415-4423 FAX

Orders:

10/22/2025 patient_goal: Pt stated goal: Pt will improve BLE strength to improve independence and safety w transfers/functional mobility by EOC., Target Date: 12/08/2025, Balance goal:, Target Date: 12/08/2025, Prevention of skin breakdown, Target Date: 12/08/2025, HEP, Target Date: 12/08/2025, gait training, Target Date: 12/08/2025,

10/22/2025 procedure: equipment training, Notes: , work simplification/energy conservation, Notes: , gait training on uneven surfaces, Notes: , gait training/stair training, Notes: , transfers training, Notes: ,

10/22/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 12/08/2025, therapeutic exercises, Target Date: 12/08/2025, therapeutic modalities, Target Date: 12/08/2025, balance training, Target Date: 12/08/2025, equipment training, Target Date: 12/08/2025, gait training, Target Date: 12/08/2025, work simplification/energy conservation, Target Date: 12/08/2025, transfer training, Target Date: 12/08/2025,

10/22/2025 goal: patient/caregiver recalls

- * how to manage complications of immobility including

- * skin care

- * strength, balance

- * dexterity and range-of-motion therapeutic exercises

- * promotion of peripheral circulation

- * fluid and diet intake to promote healing and prevent constipation, Target Date: 12/08/2025,

patient/caregiver recalls

- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain

- * teach relaxation skills and diversional activities

- * recalls related medication(s) purpose, schedule, Target Date: 12/08/2025, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 12/08/2025, Upper Body Dressing - 03. Partial/moderate assistance, Target Date: 12/08/2025, Lower Body Dressing - 01. Dependent, Target Date: 12/08/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 12/08/2025, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 12/08/2025, Don/Doff Footwear - 01. Dependent, Target Date: 12/08/2025, Eating - 05. Setup or clean-up assistance, Target Date: 12/08/2025, Sit to Stand - 04. Supervision or touching assistance, Target Date: 12/08/2025, Chair to Bed to Chair - 04. Supervision or touching assistance, Target Date: 12/08/2025, Toilet Transfer - 05. Setup or clean-up assistance, Target Date: 12/08/2025, Car Transfer - 04. Supervision or touching assistance, Target Date: 12/08/2025, Walk 10 Feet - 04. Supervision or touching assistance, Target Date: 12/08/2025, Walk 50 ft with 2 Turns - 04. Supervision or touching assistance, Target Date: 12/08/2025, Walk 150 Feet - 04. Supervision or touching assistance, Target Date: 12/08/2025, Walk 10 ft on Uneven Surface - 04. Supervision or touching, Target Date: 12/08/2025, 1 - Step (curb) - 04. Supervision or touching assistance, Target Date: 12/08/2025, 4 Steps - 04. Supervision or touching assistance, Target Date: 12/08/2025, 12 Steps - 04. Supervision or touching assistance, Target Date: 12/08/2025, Picking Up Object - 04. Supervision or touching assistance, Target Date: 12/08/2025,

MICHAEL TRUESDELL
10901 E MCDOWELL DR

10901 E MCDOWELL DR , AZ 85256
Tele:480-278-7742 FAX: 14803625831

Physician Signature _____ Date _____

Staff Signature: Electronically Signed by DELGADO, MELISSA Date 11/11/2025