

Medical Update for Catherine Spriggs Johnson DOB: 08/24/1950

Date Order Created: 11/10/2025

Order ID: 1163/479

Agency Assigned Id: 95

Certification Period: 09/25/2025 to 11/22/2025

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Orders:

Authorization changes of SN skill Total Visits: 3 and Visit Freq: 1w3
Authorization changes of PT skill Total Visits: 5 and Visit Freq: 5

11/06/2025 Problems : GG0170G1 - Car Transfer

M1400 Dyspnea

Pain Interference with ADLs

Pain Effect on Sleep

GG0130A1 - Eating

GG0170P1 - Picking Up Object

GG0170O1 - 12 Steps

GG0170N1 - 4 Steps

GG0170M1 - 1 - Step (curb)

GG0170L1 - Walk 10 ft on Uneven Surface

GG0170K1 - Walk 150 Feet

GG0170J1 - Walk 50 ft with 2 Turns

GG0170I1 - Walk 10 Feet

Pain Interference with Therapy activities

GG0170E1 - Chair to Bed to Chair

GG0170D1 - Sit to Stand

GG0130C1 - Toileting Hygiene

GG0170F1 - Toilet Transfer

GG0130E1 - Shower/Bathe Self

GG0130H1 - Don/Doff Footwear

GG0130G1 - Lower Body Dressing

GG0130F1 - Upper Body Dressing

GG0130B1 - Oral Hygiene

M1400

Pain Interference with ADLs

11/03/2025 patient_goal: I want to be more Independent so I can get back to my apartment., Target Date: 11/22/2025,

11/03/2025 procedure: monitor intake & output, Notes: , cough/deep breathing exercises, Notes: , incentive spirometer, Notes: , equipment training, Notes: , work simplification/energy conservation, Notes: ,

11/03/2025 teach: how to take the patient's blood pressure and record the reading, Target Date: 11/22/2025, how to achieve wound healing including cleaning and dressing wound, position changes, skin care, diet modification and preventing pressure ulcer recurrence, record wound measurements, Target Date: 11/22/2025, dietary guidelines for managing nutritional deficit, Target Date: 11/22/2025, dietary modifications for liver disorder, Target Date: 11/22/2025, how to manage gout flare-ups including non-medical pain relief and dietary modifications, Target Date: 11/22/2025, lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date:

11/22/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 11/22/2025, therapeutic exercises, Target Date: 11/22/2025, therapeutic modalities, Target Date: 11/22/2025, equipment training, Target Date: 11/22/2025, work simplification/energy conservation, Target Date: 11/22/2025, related medication(s) purpose and schedule, Target Date: 11/22/2025, symptoms requiring physician notification, Target Date: 11/22/2025,

11/03/2025 goal: patient/caregiver recalls

- * how to take the patient's blood pressure
- * record the reading
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * how to achieve wound healing including cleaning and dressing wound
- * position changes
- * skin care
- * diet modification
- * record wound measurements
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * dietary guidelines for managing nutritional deficit
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * dietary modifications for liver disorder
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * how to manage gout flare-ups including non-medical pain relief
- * dietary modifications
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, patient/caregiver recalls
- * how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain
- * teach relaxation skills and diversional activities
- * recalls related medication(s) purpose, schedule, Target Date: 11/22/2025, Oral Hygiene - 05. Setup or clean-up assistance, Target Date: 11/22/2025, Upper Body Dressing - 05. Setup or clean-up assistance, Target Date: 11/22/2025, Lower Body Dressing - 05. Setup or clean-up assistance, Target Date: 11/22/2025, Shower/Bathe Self - 04. Supervision or touching assistance, Target Date: 11/22/2025, Toileting Hygiene - 05. Setup or clean-up assistance, Target Date: 11/22/2025, Don/Doff Footwear - 05. Setup or clean-up assistance, Target Date: 11/22/2025, Eating - 05. Setup or clean-up assistance, Target Date: 11/22/2025,

11/03/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 11/22/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 11/10/2025