

Home Health Certification and Plan of Care				Order ID: 1184/195
1. Patient's HI claim No.	2. Start Of Care Date	3. Certification Period	4. Medical Record No.	5. Provider No.
951308289	05/23/2025	From: 09/20/2025 To: 11/18/2025	1263-1	037804
6. Patient's Name and Address Maureen Healy 5502 E CHERYL DR, PARADISE VALLEY, AZ 85253-0000 480 483-1110		7. Provider's Name, Address and Telephone Number Devotion Home Health Care, LLC 11201 N Tatum Blvd, Suite 300 Phoenix, AZ 85028-6039 480-415-4423 1457998957		

8. DOB	10/09/1950	9. Sex	Female	10. Medications: Dose/Frequency/Route (N)ew (C)hanged
11. ICD	Principal Diagnosis	Date		Atorvastatin Calcium - Atorvastatin Calcium 80 mg (tablet; oral) by mouth at bedtime
I87.2	Venous insufficiency (chronic) (peripheral)	05/23/25		Omeprazole - Omeprazole 40 mg by mouth before meal 1 Cap(s) PO daily (30 mins before breakfast)
13. ICD	Other Pertinent Diagnoses	Date		Hydroxyzine - Hydroxyzine Hydrochloride 25 mg tablets by mouth three times a day hydroxyzine 25mg tablets- one tablet by mouth TID for itching
S91.105A	Unsp opn wnd left lesser toe(s) w/o damage to nail init	05/23/25		Predisone - Prednisone 10 mg tablet by mouth as necessary per instructions (taper)
E11.42	Type 2 diabetes mellitus with diabetic polyneuropathy	05/23/25		Hydrocortisone Cream - Hydrocortisone Cream 2.5% topical once a day 1 application topically to face prn rash/dryness PRN rash/dryness
I10.	Essential (primary) hypertension	05/23/25		Hydroxychloroquine Sulfate - Hydroxychloroquine Sulfate 100 mg by mouth twice a day
E11.69	Type 2 diabetes mellitus with other specified complication	05/23/25		Lyrica - Pregabalin 75 mg 75 mg tablets by mouth in the morning PO 1 capsule in AM, 2 capsules QHS
M86.9	Osteomyelitis unspecified	05/23/25		Medroxyprogesterone Acetate - Medroxyprogesterone Acetate 10 mg by mouth at bedtime
J44.9	Chronic obstructive pulmonary disease unspecified	05/23/25		Olmesartan Medoxomil - Olmesartan Medoxomil 40-25 MG ORAL TABLET by mouth once a day
M20.41	Other hammer toe(s) (acquired) right foot	05/23/25		Rybelsus 14 mg by mouth as necessary 1 Tab(s) PO as directed for diabetes
M20.42	Other hammer toe(s) (acquired) left foot	05/23/25		Tramadol Hcl - Tramadol Hydrochloride 50 MG by mouth four times a day 1 Tab(s) PO 5 times daily for pain
L84.	Corns and callosities	05/23/25		Xopenex Hfa - Levalbuterol Tartrate 45 MCG/ACT inhalant twice a day 2 puffs by mouth (inhaled) BID
E78.5	Hyperlipidemia unspecified	05/23/25		Terbinafine Hydrochloride - Terbinafine Hydrochloride eq 250 mg base 1 tablet by mouth once a day to prevent fungal infection
R26.2	Difficulty in walking not elsewhere classified	05/23/25		Triamcinolone Acetonide - Triamcinolone Acetonide 0.1 perc 1 application topical three times a day
				Asmanex Hfa - Mometasone Furoate 220mcg inhalant twice a day 1 puff inhaled BID
				Verapamil - Verapamil Hydrochloride 240 mg by mouth once a day
				Singular - Montelukast Sodium 10 by mouth once a day
				Valtrex - Valacyclovir Hydrochloride eq 500 mg base 2 tablets by mouth as necessary PO daily prn viral infection
				Ibuprofen - Ibuprofen 200 mg 2 tablets by mouth as necessary PO as needed 4 times daily for inflammation
				Asa 81 Mg - Aspirin 1 tablet by mouth once a day
				Ketoconazole - Ketoconazole 2 perc 1 application topical as necessary topically daily prn rash
				apple cider vinegar gummies 1 tablet by mouth once a day
				Vitamin D - Ergocalciferol 1000mg by mouth once a day
				Vitamin B12 - Alpha-Tocopherol Acetate: Ascorbic Acid: Biotin: Cholecalciferol: Cyanocobalamin: Dexpantenol: Folic Acid: Niacinamide: Pyridox 1 tablet by mouth once a day
				Calcium - Calcium Acetate 500 mg by mouth once a day
				Biotin - Alpha-Tocopherol Acetate: Ascorbic Acid: Biotin: Cholecalciferol: Cyanocobalamin: Dexpantenol: Folic Acid: Niacinamide: Pyridox 1 tablet by mouth once a day
14. DME and Supplies: diabetic supplies, cane, walker, wound care supplies, bath bench				15. Safety Measures: wheelchair precautions, standard precautions, fall precautions, diabetic precautions, bleeding precautions, infectious material management, medication safety, smoke detectors , walker precautions, sharps precautions, cardiac precautions, anticoagulant precautions, ambulates with device
16. Nutrition: high protein, diabetic, cardiac diet				17. Allergies: Penicillin, Binding agent oxycodone
18.A. Functional Limitations Ambulation, Endurance				18.B. Activities Permitted Up As Tolerated, Walker, Wheelchair, Cane, Exercises Prescribed
19. Mental & Psychosocial Status: COGNITION: 0. Able to get to and from the toilet and transfer independently with or without a device., ANXIETY: 0. Never, SOCIAL ISOLATION: , BEHAVIORAL ISSUES: , HISTORY OF DEPRESSION:				
20. Prognosis: good				
22. A Rehabilitation Potential: SELF-CARE: , MOBILITY:				22.B. Discharge Plans patient will be responsible for managing treatment
Homebound status: patient requires another person or medical equipment such as crutches, a walker, or a wheelchair to leave home, medical condition could get worse if patient leaves home				

23. Signature and Date of Verbal SOC Where Applicable: Electronically Signed by JOHNSON, LAURA SN on 09/19/2025		25. Date HHA Received Signed POT
24. Physician's Name and Address ZACHARY FLYNN 11209 N TATUM BLVD SUITE B100 PHOENIX, AZ 85028 PHONE: (602) 973-3888 FAX: 16029733028 NPI: 1669812855		26. I certify/recertify that this patient is confined to his/her home and needs intermittent skilled nursing care, physical therapy and/or speech therapy or continues to need occupational therapy. The patient is under my care, and I have authorized the services on this plan of care and will periodically review the plan. F2F date :
27. Attending Physician's Signature and Date Signed 09/24/2025 Date of physician last face-to-face		28. Anyone who misrepresents, falsifies, or conceals essential information required for payment of Federal funds may be subject to fine, imprisonment, or civil penalty under applicable Federal laws. PAGE 1 of 3

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Clinical Condition Requiring Home Care per Certifying Physician: Chronic wounds on bilateral feet, Diabetes, Medication management. SN to assess Cardiopulmonary, GI/GU, Neuro, Requiring Homecare: Musculoskeletal and Integumentary systems, Safety with ADLs and fall precautions, medication management and education, diagnoses management and education, and wound care per orders 2 times weekly and as needed for complications.				

SN Careplans SN FREQUENCY: SN 2w8 and prn for wound complications CLINICAL SUMMARY: PARAMETERS FOR PHYSICIAN NOTIFICATION: temperature < 95 > 101, heart rate < 50 > 120, respiratory rate < 12 > 29, blood pressure systolic < 85 > 170, blood pressure diastolic < 50 > 90, O2 saturation < 88 > 100, pain < 0 > 8, blood sugar < 60 > 300 CAREGIVER: 0. No assistance needed - patient is independent or does not have needs in this area HOSPITALIZATION RISKS: 1. History of falls (2 or more falls- or any fall with an injury- in the past 12 months), 7. Currently taking 5 or more medications, 8. Currently reports exhaustion STANDING ORDERS: infection control: hygiene, proper hand washing; fall precautions: wear sensible shoes, remove home hazards, living space adequately lit, assistive devices prn; emergency preparedness: plan for prn evacuation, resumption of home health visits; advance directive: plan if patient is unable to make healthcare decisions: Medical power of attorney PROBLEMS IDENTIFIED ON ASSESSMENT: M1700 - Cognition, abnormal blood pressure, heartburn/indigestion, involuntary movement of extremity, discolored patches of skin, swell/redness surround. skin, cyanosis, #2 - 2 - Partial thickness loss of dermis presenting as a shallow open ulcer with red pink wound bed. - Anterior Left Foot - left 4th toe PROCEDURES: physician-ordered wound care: foot and toe wounds: cleanse the area, pat dry, apply betadine to closed wounds/deep tissue injury, apply aquacel ag if the wound is open, cover with dry dressing and secure with tape or bandaid; Frequency: twice a week, glucose testing via monitor: Nurse to review logs TEACH PATIENT/CAREGIVER: * how to take the patient's blood pressure record the reading, related medication(s) purpose, schedule, * lifestyle modifications to manage respiratory condition including diet changes and regular exercise strategies to control shortness of breath home remedies to keep lungs healthy, related medication(s) purpose, schedule, * lifestyle modifications to manage peripheral vascular condition including how to apply compression stockings physical exercise plan diet, related medication(s) purpose, schedule, * low cholesterol dietary guidelines, related medication(s) purpose, schedule, * how to keep home safe for patient with dementia coping strategies for the caregiver, related medication(s) purpose, schedule, * how to achieve wound healing including cleaning and dressing wound position changes skin care diet modification record wound measurements, related medication(s) purpose, schedule, * how to manage complications of immobility including skin care strength, balance dexterity and range-of-motion therapeutic exercises promotion of peripheral circulation fluid and diet intake to promote healing and prevent constipation, * how to manage skin condition including physician-prescribed treatment skin care bathing sun protection diet exercise, related medication(s) purpose, schedule, * diabetic medication management blood sugar testing diabetic foot care exercise diabetic diet, related medication(s) purpose, schedule, * diet weight-bearing exercises to promote bone healing and strengthening fluids to prevent constipation home safety pain control, related medication(s) purpose, schedule, * how to optimize joint mobility with active and passive range of motion exercises fluid and diet intake to promote healing prevent constipation home safety pain control, related medication(s) purpose, schedule	SN Goals PATIENT-STATED GOAL: heal wounds, wound care GOALS patient/caregiver recalls * how to manage skin condition including physician-prescribed treatment * skin care * bathing * sun protection * diet * exercise * recalls related medication(s) purpose, schedule patient/caregiver recalls * diabetic medication management * blood sugar testing * diabetic foot care * exercise * diabetic diet * recalls related medication(s) purpose, schedule patient/caregiver recalls * how to achieve wound healing including cleaning and dressing wound * position changes * skin care * diet modification * record wound measurements * recalls related medication(s) purpose, schedule patient/caregiver recalls * how to optimize joint mobility with active and passive range of motion exercises * fluid and diet intake to promote healing * prevent constipation * home safety * pain control * recalls related medication(s) purpose, schedule patient/caregiver recalls * how to take the patient's blood pressure * record the reading * recalls related medication(s) purpose, schedule patient/caregiver recalls * how to keep home safe for patient with dementia * coping strategies for the caregiver * recalls related medication(s) purpose, schedule patient/caregiver recalls * lifestyle modifications to manage peripheral vascular condition including how to apply compression stockings * physical exercise plan * diet * recalls related medication(s) purpose, schedule patient/caregiver recalls * low cholesterol dietary guidelines * recalls related medication(s) purpose, schedule patient/caregiver recalls * how to manage complications of immobility including * skin care * strength, balance * dexterity and range-of-motion therapeutic exercises * promotion of peripheral circulation * fluid and diet intake to promote healing and prevent constipation patient/caregiver recalls * diet * weight-bearing exercises to promote bone healing and strengthening * fluids to prevent constipation * home safety * pain control * recalls related medication(s) purpose, schedule patient/caregiver recalls * lifestyle modifications to manage respiratory condition including * diet changes and regular exercise
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Signature of Physician:	Date
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Optional Name/Signature of Nurse/Therapist:	Date
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		* strategies to control shortness of breath * home remedies to keep lungs healthy * recalls related medication(s) purpose, schedule		

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