

Medical Update for Brenda Clark DOB: 09/21/1961

Date Order Created: 09/26/2025

Order ID: 1150/12401

Agency Assigned Id: 16935

Certification Period: 08/30/2025 to 10/28/2025

HomeCentris Healthcare LLC 217058
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Orders:

Authorization changes of OT skill Total Visits: 5 and Visit Freq: 5

09/25/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
M1400 - Dyspnea

09/25/2025 patient_goal: To get stronger, Target Date: 10/28/2025,

09/25/2025 procedure: cough/deep breathing exercises, Notes: , ADLs , Notes: , transfers training, Notes: , therapeutic exercises, Notes: , Patient/caregiver recalls related purpose and schedule of medications, Notes: Medication Review ,

09/25/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 10/28/2025, how to maintain a diary to monitor effective and non-effective pain relief including documenting time of pain, rating, precipitating events, medications, treatments, and what works best to relieve pain, teach relaxation skills and diversional activities, Target Date: 10/28/2025, therapeutic exercises, Target Date: 10/28/2025, therapeutic modalities, Target Date: 10/28/2025, equipment training, Target Date: 10/28/2025, work simplification/energy conservation, Target Date: 10/28/2025, related medication(s) purpose and schedule, Target Date: 10/28/2025, symptoms requiring physician notification, Target Date: 10/28/2025,

09/25/2025 goal: patient/caregiver recalls

- * lifestyle modifications to manage respiratory condition including
- * diet changes and regular exercise
- * strategies to control shortness of breath
- * home remedies to keep lungs healthy

* recalls related medication(s) purpose, schedule, Target Date: 10/28/2025, Oral Hygiene - 06.

Independent, Target Date: 10/28/2025, Lower Body Dressing - 06. Independent, Target Date: 10/28/2025, Shower/Bathe Self - 05. Setup or clean-up assistance, Target Date: 10/28/2025, Toileting Hygiene - 06. Independent, Target Date: 10/28/2025, Don/Doff Footwear - 06. Independent, Target Date: 10/28/2025, Eating - 06. Independent, Target Date: 10/28/2025, Patient will demonstrate improved right upper extremity muscle strength from 3/5 mmt to 4/5 mmt to improve ADLs and transfers within 6 wks , Target Date: 10/28/2025,

09/25/2025 discharge_plan: family/caregiver will be responsible for managing treatment, Target Date: 10/28/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 10/23/2025