

Medical Update for Penny Pfister DOB: 07/26/1961

Date Order Created: 10/09/2025

Order ID: 1150/12954

Agency Assigned Id: 17664

Certification Period: 09/27/2025 to 11/24/2025

HomeCentris Healthcare LLC 217058
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Owings Mills, MD 21117-8284
PHONE 410-321-8448 FAX

Orders:

Authorization changes of OT skill Total Visits: 5 and Visit Freq: 5

*10/09/2025 Problems : GG0130B1 - Oral Hygiene
GG0130F1 - Upper Body Dressing
GG0130G1 - Lower Body Dressing
GG0130H1 - Don/Doff Footwear
GG0130E1 - Shower/Bathe Self
GG0130C1 - Toileting Hygiene
GG0130A1 - Eating
M1400 - Dyspnea*

10/09/2025 patient_goal: Pt wants to improve her functionality, Target Date: 11/24/2025, Medication review , Target Date: 11/24/2025,

10/09/2025 procedure: cough/deep breathing exercises, Notes: , incentive spirometer, Notes: ,

10/09/2025 teach: lifestyle modifications to manage cardio-respiratory condition including diet changes and regular exercise; strategies to control shortness of breath and home remedies to keep lungs healthy, Target Date: 11/24/2025,

10/09/2025 goal: patient/caregiver recalls

** lifestyle modifications to manage respiratory condition including
* diet changes and regular exercise
* strategies to control shortness of breath
* home remedies to keep lungs healthy
* recalls related medication(s) purpose, schedule, Target Date: 11/24/2025, Medication review , Target Date: 11/24/2025, Therapeutic exercise , Target Date: 11/24/2025, Therapeutic exercise , Target Date: 11/24/2025, Balance training , Target Date: 11/24/2025, endurance , Target Date: 11/24/2025,*

10/09/2025 discharge_plan: patient will be responsible for managing treatment, Target Date: 11/24/2025,

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PHYSICIAN SIGNATURE VALID - Digitally Signed by Signed

Staff Signature: Electronically Signed by Messick, Charles Date 10/21/2025